

CITIZENS' GUIDE TO MENTAL HEALTH SERVICES

MENTAL HEALTH REFERRAL SERVICES

Mental health services and programs in Leon County range from crisis stabilization and evaluations to outpatient therapy and treatment. If you are in crisis, the referral services below are available 24/7 and will assist you in locating the appropriate mental health service. See reverse for more details.



**Dial: 2-1-1
or (850) 617-6333
211BigBend.org**



Dial: 9-8-8
Online chat:
988lifeline.org/chat



**Dial: 850-606-5800
TLCCDA.org**



**Dial: 1-800-342-0774
ApalacheeCenter.org**



Dial: 9-8-8 and Press 1
Online chat:
VeteransCrisisLine.net



**Leon County
Government**

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2-1-1 Big Bend Dial 2-1-1

The 211 helpline provides free access to information, referrals, and confidential telephone counseling services utilizing a comprehensive referral database with more than 2,200 human service agencies and mental health providers in the Big Bend area.



988 Suicide & Crisis Lifeline Dial 9-8-8

The 988 Suicide & Crisis Lifeline provides 24/7 free and confidential support to individuals in suicidal crisis or emotional distress and their families through a national network of local crisis centers.



Law Enforcement Mental Health Response Dial 850-606-5800

The Consolidated Dispatch Agency (CDA) coordinates with Mental Health Responders from the Leon County Sheriff's Office and the City of Tallahassee's Emergency Assessment Mobile Unit (TEAM) to provide crisis intervention and assessments for individuals experiencing non-violent mental or behavioral crisis, and emergency behavioral health services in accordance with the Baker Act.



Apalachee Center Mobile Response Team (MRT)

Dial 1-800-342-0774

The Apalachee Center's Mobile Response Team is a 24/7 on-call crisis intervention service providing emergency behavioral health assessments and diversion alternatives to inpatient treatment. Services are provided through phone consultations and on-site response by Mobile Response Team clinicians.



Veterans Crisis Line

Dial 9-8-8 and PRESS 1

The Veterans Crisis Line provides 24/7 free and confidential support for veterans and service members in crisis, even if not enrolled in VA benefits or health care. The Veterans Crisis Line serves veterans, military service members, National Guard and Reserve members, and those who support them.