



Charlie Crist  
Governor

Ana M. Viamonte Ros, M.D., M.P.H.  
State Surgeon General

## LEON COUNTY MENTAL HEALTH PROJECT

### SERVICES CURRENTLY PROVIDING

- Psychiatric Evaluation
  1. Identification psychiatric illness
  2. Review all current meds and screening for interactions with proposed meds
  3. Psychosocial evaluation to identify immediate stressors
  4. Plan of care for medications and patient education for same and any psychotherapy needs and patient goals for recovery
  5. Review of health benefits, if applicable
  6. If applicable assist with application for Medicaid ( most have it or are not eligible because applying for disability)
  7. Referrals to PCP for any follow up ( this usually relates to need to lower blood pressure so can start on specific medication or other medical concerns),
  8. Referrals to community agencies for identified services
  9. Referral to social services at either clinics
- Brief focused psychotherapy based primarily on Crisis Intervention Model and then other therapies as applicable to identified needs---usually 30 minute sessions occasionally extended to 45 minutes
- Medication Management with brief focused therapy---usually 15 to 20 minute sessions
- Labs as appropriate related to medications safety standards of care; if Clinic has already done these then these are not duplicated
- Dental by special arrangement and on case by case basis pro bono dental care

### SERVICES PROVIDED FOR MEDICATIONS

- Starting new medication—patients are given samples of branded meds as available or Rx paid for by grant for generic meds
- Medications not on formulary--- order and pay for those with grant; ie topamax 25 mgs # 60 and lamictal 25 mgs for pts starting on lamictal due to complicated titration schedule (pharmacy carries 100 mgs tabs)—pts do not have costs when starting these meds
- Patients who really have no income and are taking generic medications---paid for by grant on case by case basis for on-going or limited time depending on patient need
- Branded medications for patients without healthcare benefits---covered with samples until can apply and be approved for Patient Assistances by pharmaceutical companies; criteria vary by company. From application to arrival of patient meds in pharmacy is from about 4 to 6 weeks.
- Generic medications for those without benefits or those who want to pay cash--- 30 days supply of medication costs is from \$ 5 to \$ 10 per prescription per month. For 90 day supply, which I switch to as soon as possible, is a few dollars more. (FAMU pharmacy takes cash only ---no debit cards, no insurance, no checks, and no credit cards---cash only).



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**PROPOSED SECOND YEAR EXPANSION OF SERVICES**

- Contract with Apalachee Center for and additional psychiatric ARNP and a psychiatrist. This will enable us to see more patients at Bond CHC and NHS.
- Hire a MSW through the health department's division of Social Services. This person will provide needed additional services to the total case load at both sites.
- Both Bond CHC and NHS have more patients needing mental health services and both sites have space and time available.
- *By the end of the second year we expect to double the existing case load.*
- We are also trying to coordinate our expansion with the Jail Diversion Project and expect to see some of their patients as soon as they develop a plan.