

The Leon County Health Department Social Services department provides the following services. The Healthy Start services and MOMCARE are provided under contract with the Capital Area Healthy Start Coalition. Other services are funded by the Health Dept.

- Medicaid eligibility for pregnant women. When a woman has a positive pregnancy test and does not have health insurance they are sent to social services for Medicaid for Pregnant women. We do the eligibility, give them a Medicaid number, assist them in obtaining a prenatal appointment and provide prenatal education during the visit. We open one Saturday a month from 8:00 a.m. – 12:00 noon to provide these services for people that may not be able to make a day appointment.
- The MOMCARE program provides follow-up with pregnant women that are on Medicaid that may not have come through our office to ensure they have a prenatal doctor and information on other services offered.
- Healthy Start Care Coordinators (9) that provide in-home services to prenatal clients and children up to age three. Services include prenatal education, case management, breastfeeding education, psychosocial counseling, parental education, childbirth education, interconceptional information and tobacco cessation. Two of our coordinators offices are in the Southside clinic and they offer an intensive program called the "Parents as Teachers" curriculum.
- We have one care coordinator that specializes in educational classes and outreach. This person teaches childbirth education, baby basics and parenting classes. She also provides monthly outreach to FAMU, TCC and FSU. We have a display set up to make students aware of the services provided and how to access them. We provide classes during the day, evenings and also some Saturdays.
- Go Girl Go – we provide this program in one elementary school after school. It is a self esteem, character building program with a focus on healthy living. We do not receive any funding for this program. With funding we could expand to other schools.
- Car Seat Program – Three years ago we received a car seat grant from DOT. We provide car seats to families that go through the childbirth education classes for \$10.00.
- Bus Passes – We provide bus passes from our client assistance fund that comes from profits from our soda and snack machines in the staff break rooms.
- We will be starting a Family and Friends infant CPR program that will be taught by one of our staff that is a certified instructor. This will be free and materials will be purchased from the Health Department budget.
- Family Planning Waiver Program – We have one of our care coordinators who is also in charge of eligibility determination for our Family Planning Medicaid Waiver

Program. This program allows women to receive family planning services that include exams, physicals, pap smears and pre/interconceptual education.

- Health Fairs – Staff also participate in health fairs in the community. We provide an educational program to the teenage parent program two times a year and also provide the students with car seats for their babies.
- Healthy Start Coalition provides us with cribs for eligible families. We do a one-on-one education session with families on SIDs before giving out the crib. Also, throughout the year the Coalition collects diapers for us to distribute to our clients.
- We provide the Bodyworks program which is a program on healthy living focusing on nutrition and physical activity. No funding is received for this program. We have one person trained that can provide these classes and also provide a train-the-trainer session.

We received funding from the Healthy Start coalition that totals \$679,814 for FY 06-07.

- Number of services we provided: 47,367
- Number of clients we served: 3,919

#### **Wish List**

- A program for boys/men/fathers. I have a curriculum, but do not have anyone that can teach it.
- A person that can be dedicated to providing just the family planning information and assist with applications and getting the person into the doctor.
- A program that would focus on preteens/teens on preconception education and prevention.

#### **Other Services We Provide:**

**Dental:** We provide cleanings and exams to eligible pregnant women to prevent gum infections, which have been linked to premature labor.

#### **WIC and Nutrition Services**

The Leon WIC Agency is responsible for serving Leon County and five surrounding counties. There are two clinic sites in Leon County, one at the Leon County Health Department, Roberts and Stevens clinic (serving approximately 2740 clients per month) and the Southside Health Department (serving approximately 2275 clients per month). Clients are able to walk-in or schedule an appointment Monday through Friday.

The following services are provided through the WIC program:

- Individual nutrition assessments and counseling.
- Group nutrition education classes.
- Individual breastfeeding education and counseling.
- A breastfeeding support group is offered weekly at the Roberts and Stevens clinic.
- Manual and electric breast pumps are provided to breastfeeding mothers who may need them.

- WIC checks for healthy foods and infant formula.
- Farmer's Market Coupons to be used to purchase fresh fruits and vegetables (May through July).
- Staff participate in health fairs and community events throughout Leon County.

**Health Disparities**

The Leon County Health Department Office of Minority Health was created to develop and implement programs to address eliminating disparities in health in Leon County. Implementation of the program is primarily outreach strategies that focus on the leading causes of death (cancer, heart disease, infant mortality, diabetes and HIV/AIDS). At present we are providing health screenings and referrals. The full program of outreach, community collaboration and screenings will be implemented beginning the first of next year.