

WORKSHOP

Leon County Health Department

**Leon County Board of County Commissioner Chambers
Leon County Courthouse, 5th Floor**

**June 10, 2008
10:00 a.m. – 12:00 p.m.**

This document distributed: June 6, 2008

Board of County Commissioners

Workshop Item

Date of Meeting: June 10, 2008

Date Submitted: June 4, 2008

To: Honorable Chairman and Members of the Board

From: Parwez Alam, County Administrator
Vincent S. Long, Deputy County Administrator
Patrick Casserleigh, Acting Director, Health and Human Services

Subject: Workshop on the Leon County Health Department

Statement of Issue:

This workshop item presents an overview of the role and responsibilities, as well as the services provided, of the Leon County Health Department (LCHD).

Background:

During the April 22, 2008 regular Board meeting, the Board voted to conduct a workshop concerning the roles and responsibilities of the LCHD and its relationship to the Board.

At the May 13, 2008 regular Board meeting, the County Administrator requested the Board schedule the LCHD workshop for June 10, 2008 from 10 a.m. to 12 p.m. Staff was directed to schedule the workshop at the requested date and time.

Additionally, the Board directed staff to invite the providers of the Leon County Primary Healthcare program to attend the workshop in order to answer any questions that may come up during the proceedings.

Analysis:

Staff requested Mr. Homer Rice, the LCHD Administrator, prepare materials and a presentation for the Board's workshop on the LCHD.

Bond Community Health Center, Inc., Neighborhood Health Services, Inc., Florida A & M Pharmacy, and the Capital Medical Society Foundation (WeCare) were contacted and asked to have a representative attend the Board workshop on the LCHD, in order to answer any questions that the Board may have during the workshop.

The LCHD will provide a PowerPoint presentation during the workshop. Attached are materials for the Boards' review (Attachments #1 - #6).

Options:

1. Accept the Leon County Health Department report and presentation.
2. Do not accept the Leon County Health Department report and presentation.
3. Board Direction.

Recommendation:

Option #1

Attachments:

1. Business Picture Leon County Health Department
2. Leon County Health Department Revenue Fiscal Year 07/08
3. Leon County Health Department Expense Fiscal Year 07/08
4. Leon County Health Department A System of Partnerships
5. Leon County Health Department Informational Pamphlet
6. Leon County Health Department Quick Facts

PA/VL/PC/pc

**Business Picture
Leon County Health Department**

Leon County Health Department Profile:

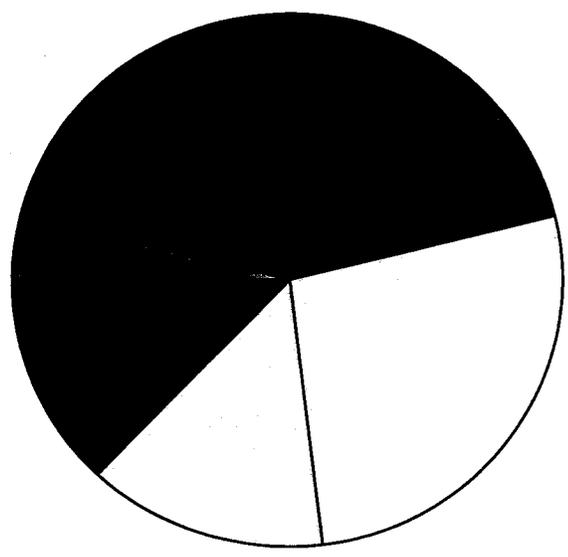
- 175 positions

Budget Source Profile:

- 11.2 million dollar budget
 - 40% from state government
 - 28% from federal government
 - \$3,489,028 for WIC food
 - 14% from Medicaid
 - 4% from Leon County government
 - \$257,984 general revenue contribution
 - \$157,671 County Mental Health program
 - County Authorized Fees
 - Facilities Maintenance
 - 14% from all other revenue
- Each program receives revenue from a variety of sources.

Service Type	Services Provided
Immunizations	9,621
STD	13,454
AIDS	3,266
TB	1,692
Communicable Disease	778
Chronic Disease	121
WIC	102,064
Family Planning	28,377
Maternity	1,007
Healthy Start	43,471
Child Health	814
School	110,152
Adult Health	3,365
Dental Health	24,949
Water & Sewage	3,370
Facility Programs	2,888
Groundwater	240
Community Hygiene	204

LEON COUNTY HEALTH DEPARTMENT REVENUE FISCAL YEAR 07/08

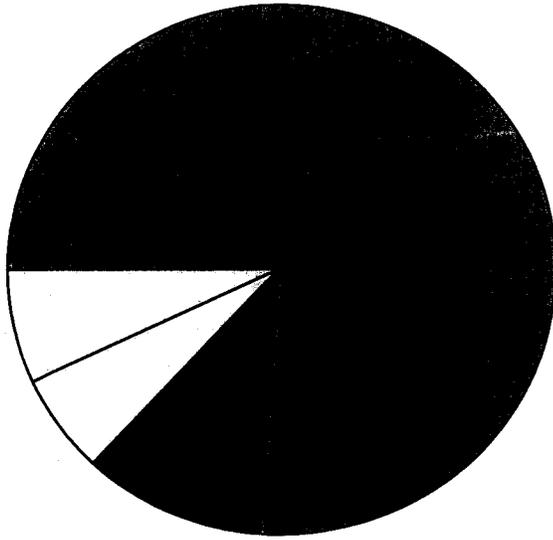


- COUNTY REVENUE
- STATE REVENUE
- FEDERAL
- OTHER REVENUE
- MEDICAID

COUNTY REVENUE	4%
STATE REVENUE	42%
FEDERAL	27%
OTHER REVENUE	14%
MEDICAID	13%
TOTAL REVENUE	100%

COUNTY IN-KIND \$ 1,512,786.00 (includes buildings, maintenance, utilities and janitorial services)

LEON COUNTY HEALTH DEPARTMENT EXPENSE FISCAL YEAR 07/08



- SALARIES/OPS
- EXPENSE
- CONTRACTUAL SERVICES
- OTHER EXPENSE

SALARIES/OPS 76%
 EXPENSE 11%
 CONTRACTUAL SERVICES 6%
 OTHER EXPENSE 7%
 TOTAL EXPENSE 100%

Leon County Public Health

A system of partnerships that includes, but is

not limited to . . .

Media

Faith
Community

Schools

Philanthropy

Business

Justice & Law
Enforcement

Centers for Disease Control
National Institutes of Health
State Health Department

Healthcare
Providers

Community
Coalitions

Environmental
Health

Transportation

Community
Services

Mental
Health

**BRINGING GOOD HEALTH CLOSER TO YOU
AND YOUR COMMUNITY!**

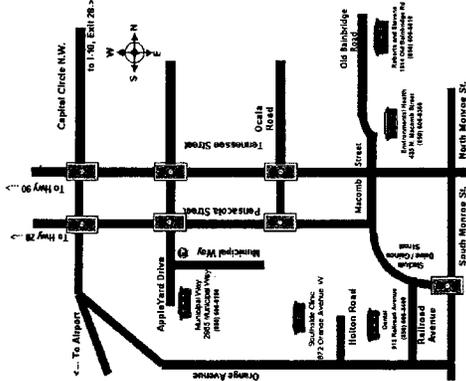
Primary Care Services are provided through contracts with the following local providers:

- Bond Community Clinic
- Neighborhood Health



Move More Eat Better

CHANGING HABITS FOR A HEALTHIER YOU



Visit our web site at:
<http://www.co.leon.fl.us/lchd>
Tailran bus service is available to most clinic locations except the Dental Clinic.



Leon County Health Department Promote Health and Prevent Disease

History of LCHD

The State Board of Health was established in 1889 to create a central organization to control disease and pollution and channel funds from the federal government to county health departments. Taylor County was the first to organize a county health unit in 1930, followed by Leon in 1931, and Escambia County in 1932. Since inception, both Leon and Escambia have continued providing of service without interruption. Taylor County did not provide service from 1933 to 1935.

Prior to the State Board of Health, each county had Boards of Health created out of fear of communicable diseases. However, these Boards were run by people with little medical knowledge, usually lay people. The first form of public health activity began in Leon County as early as 1889 working with quarantine agents in the control of Yellow Fever.

The Leon County Health Department opened January 1931, housed in three rooms over a shoe store at Monroe and Jefferson streets, with six employees. Dr. L.J. Graves served as the first health officer, and the first health department staff consisted of two nurses and three sanitarians. They occupied at least two other locations downtown near the courthouse and Capitol until moving to the corner of Gadsden and Gaines streets in July 1940.

The Health Department's emphasis during those early years was "prevention of disease and the prolongation of physical and mental efficiency through organized community effort." The department functioned with three divisions: Clinics and Nursing, Sanitation, and Mental Health.

Today, as we continue our Mission to "Promote Health, Prevent Disease," four satellite units (Roberts and Stevens, Environmental Health, Dental and Southside) and a Mobile Health Unit make up the full complement of The Leon County Health Department. The health department currently functions with one Administrator and one hundred, seventy-two staff. The department is divided into eleven divisions: Administration/Business, WIC/Nutrition, Dental, Environmental Health, Nursing, Social Services, Communicable Disease, Health Education, Minority Health, Sexually Transmitted Diseases and Public Health Preparedness.

References:
Florida Department of Health, Bureau of Health Statistics, Florida Public Health, 1989. Albert V. Meyer, M.D., Dr. A. and Max Prichard, Florida State Board of Health, Monograph Series No. 7, Jacksonville, Florida, 1964. Florida Health News, Partnership in Health, Vol. 81, No. 3, March 1998.

Frequently Used Numbers

Regular Clinic Hours: Monday-Friday 8:00am - 5:00pm Clinic Appointments Line:	606-8000
Dental Clinic Hours Monday-Friday 8:00-5:00 pm Dental Appointments Line:	606-8400
Vital Statistics Office Hours: Monday-Thursday 8:00-5:00pm Fridays 8:30-5:00pm Birth and Death Certificates:	606-8100
Women, Infants and Children Monday-Friday 8:00-5:00 WIC Line:	606-8300
Municipal Way Offices 2965 Municipal Way Tallahassee, FL 32304	606-8150
Administration, Business, Public Health Preparedness, Health Education, and School Health	606-8100
Birth and Death Certificates	606-8200
Computer Help Desk	606-8125
Epidemiology/TB/Communicable Disease Reporting	606-8100
Minority Health, Breast and Cervical Cancer	606-8010 606-8050
Roberts Stevens Clinic 1515 Old Bainbridge Road Tallahassee, FL 32303	606-8350
Nursing, Immunizations, STD/HIV Social Services, Prenatal Care	
Environmental Health 435 North Macomb Street Tallahassee, FL 32301	
Septic Tanks, General Info	
Dental Offices 912 Railroad Avenue Tallahassee, FL 32310	
Dental Services, General Info	

Services to Meet Your Needs



Clinic Services

Immunization

- Childhood
- Adult
- International Travel
- Rabies



Maternal / Child Health Services:

- Family Planning
 - Birth Control Methods
 - Pregnancy Tests

Communicable Disease Control:

- Communicable Disease Education and consultation
- Epidemiology education, investigation and follow-up
- Tuberculosis detection, education, treatment, case management, and follow-up
- Childhood Lead Poisoning Monitoring Program

CLINIC SITES

Main Site
2965 Municipal Way
Tallahassee, FL 32304

Robert's and Stevens Site
1515 Old Bainbridge Rd
Tallahassee, FL 32303

Appointments: 850.606.8000

Dental

- Dental treatment and hygiene education (ages 5-20 only)



Health Promotion

- Chronic disease prevention
- Community health promotion
- Tobacco

School Health

- Case Management for chronic conditions
- Health Education and trainings
- Monitor medication in schools
- Ensure immunization compliance
- Health Screenings, referral and follow up
- Advocate for resources for identified needs

Nursing

- Minority Health
- Breast & Cervical Cancer screening
 - Pap Smear
 - Breast Exam
 - Mammography

STD/HIV/AIDS



Sexually Transmitted Diseases:

- Testing
- Prevention
- Diagnosis

Nutrition Services

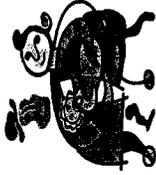
- Treatment and follow-up
- Women, Infants and Children (WIC)
- Breast-feeding support
- Nutritional education



Social Services

Healthy Start:

- Care Coordination
- Home Visiting
- Parent Classes
- Baby Basic Classes
- Childbirth Education Classes
 - Medicaid Eligibility for Pregnant Women
- Family Planning Waiver Program



Environmental Health

Inspections:

- Sanitary Nuisance Investigations
- Public Swimming Pools & Bathing Places
- Mobile homes
- OSTDS (Septic tank)
- Tanning facilities
- Biohazardous waste
- Water Testing
- Environmental Lead monitoring
- Food Hygiene Inspections
- Group Care facilities



Vital Statistics

- Birth and Death Certificates



Public Health Preparedness

- County Health Department Planning and Training
- Coordinating equipment purchases, contracts, planning and training for hospital and EMS preparedness
- Coordinating Strike Teams
 - Epidemiology
 - Environmental Health
 - Special Needs Shelter
- Regional Training Exercises—past health exercises include:
 - Caduceus Shield
 - Beleaguered Bus
 - Pandemic Pandemonium
 - Extreme Exposure
 - Public Health Response



BRINGING GOOD HEALTH CLOSER TO YOU AND YOUR COMMUNITY!

The Leon County Health Department mobile health unit provides services within the community. Please call the Leon County Health Department at 850.606.8100 if you would like to schedule an event.



Print date 05/23/08

Attachment # 5
2 of 2

Quick Facts: Silent and Unseen
Leon County Health Department

Breast and Cervical Cancer Early Detection Program:

- Florida Breast and Cervical Cancer Early Detection Program has 642 active clients.
- From 1994-2006, the program provided
 - 51,157 women with 74,595 mammograms and 47,642 PAP tests.
- During 2005-2006, more than 10,000 women were screened.
- As of December 2006, of the women screened through this program
 - 926 have been diagnosed with breast cancer.
 - 31 with invasive cervical cancer.
 - 344 with pre-cancerous lesions.

Dental - The Molar Express:

- It is the largest public health dental facility in Florida with 12 dental operatories.
- Serves Medicaid eligible Leon County residents age 5 to 20, with nearly 9,000 clients.
- Cleanings and exams for eligible pregnant women to prevent gum infections, which have been linked to premature labor.
- Host site for We Care Dental Days, providing 686 services worth over \$72,000.
- Partner with University of Florida Dental School, Florida State University, Tallahassee Community College, and the Tallahassee Memorial Family Medicine Residency Program to provide training and clinical rotations.

Environmental Health:

- Provided 6,960 total services in federal fiscal year 2006-2007.
- Issued 1,044 septic permits.
- Made 791 construction installation inspections.
- Distributed 390 sharps containers, from 4/07-04/08, for the Sharps Disposal Program for private citizens, in partnership with the Leon County Board of Commissioners and the State Department of Health.
- Gave 19 hand washing classes to 368 students last year.

Epidemiology:

- Division of Epidemiology responds to reportable diseases* such as Meningococcal disease, hepatitis, and pertussis; manages disease outbreaks, case manages tuberculosis, and manages rabies treatments.
- Approximately 100 different diseases are reportable by physicians, hospitals and laboratories.
- Leon boasts 100% medications follow-through for TB patients.
- Provides more than 350 consultations with citizens, health care providers, daycares, schools, and others annually.
- Trains partners in disease control, including Elder Care Foster Grandparents, Big Bend Hospice, Leon County Jail, Capital Regional Medical Center, and massage therapists.
- Recruits sentinel physicians for local influenza surveillance.

*Note: Section 381.0031(1,2), *Florida Statutes*, requires that any licensed medical provider or veterinarian in Florida who diagnoses or suspects the existence of a disease

of public health significance immediately report that to the local county health department, the representative of the Department of Health.

Family Planning:

- Provided 28,617 family planning services in 2007 to reduce unplanned pregnancies and promote positive pregnancy outcomes.
- Gives access to contraceptive services, supplies and information to all who want and need them, with priority to persons from low-income families.
- Initial counseling, Pap smears, colposcopies (biopsies), emergency contraception, etc.

Health Promotion and Tobacco

- 227 participants in monthly fitness events with government and private sponsors, including walking, guided hikes, volunteer park maintenance, biking, monthly email notices and electronic newsletters.
- Mapped four walking paths in the Frenchtown/FAMU area, and the City of Tallahassee will provide markers for some of them.
- Assisted with planning, grant writing and implementing three school/community gardens in Leon County to help address food access issues in low-income neighborhoods: Fairview Middle School, the McCray Boys and Girls Club, and the Leverne Payne Community Center.
- Nutrition Environmental Measures Survey (NEMS), a pilot study, we have surveyed 78 stores to date to assess the price and availability of healthy foods in low-income vs. higher income neighborhoods in Leon County.
- Participate in the Leon County Worksite Wellness Initiative.
- Gave away 200 bicycle helmets in partnership with the Florida Department of Transportation to needy children for past 3 years.

Healthy Start and Social Services:

- Provide contracted Healthy Start and MOMCARE services.
 - The MOMCARE program provides follow-up with pregnant women who are on Medicaid and may not have come through our office to ensure they have a prenatal doctor and information on other services offered.
- Nine Healthy Start Care coordinators provide in-home services to prenatal clients and children up to age three. Services include:
 - prenatal education
 - case management
 - breastfeeding education
 - psychosocial counseling
 - parental education
 - childbirth education
 - interconceptional information and tobacco cessation.
- Two of our coordinators' offices are in the Southside clinic, and they offer an intensive program called the "Parents as Teachers" curriculum.
- Healthy Start Coalition provides us with cribs for eligible families. We do a one-on-one education session with families on Sudden Infant Death syndrome (SIDS) before giving out cribs. Also throughout the year the coalition collects diapers for us to distribute to our clients.
- Healthy Start coalition funding totaled \$679,814 for FY 06-07.
- We provided 47,367 services.

- We served 3,919 clients.

Other services are funded by the Health Department.

- Medicaid eligibility for pregnant women. When a woman has a positive pregnancy test and does not have health insurance, she is sent to social services for Medicaid for Pregnant women. We do the eligibility, give her a Medicaid number, assist her to obtain a prenatal appointment and provide prenatal education during the visit. We open one Saturday a month from 8:00 a.m. – 12:00 noon to provide these services for people who may not be able to make a week day appointment.
- Maternity clinic in conjunction with Family Practice Residency Program.
- We have one care coordinator who specializes in educational classes and outreach. She teaches childbirth education, baby basics and parenting classes. She also provides monthly outreach to FAMU, TCC and FSU. We have a display set up to make students aware of the services provided and how to access them. We provide classes during the day, evenings and some Saturdays.
- Go Girl Go – we provide this program in one elementary school after school. It is a self esteem, character building program with a focus on healthy living. We do not receive any funding for this program. With funding, we could expand to other schools.
- Car Seat Program – We provide car seats to families participating in childbirth education classes for \$10 through a grant from the Department of Transportation.
- Bus Passes – We provide bus passes to clients from profits from our soda and snack machines in the Leon County Health Department's staff break rooms.
- We are starting a Family and Friends infant CPR program that will be taught by one of our staff who is a certified instructor. This will be free, and materials will be purchased from the Health Department budget.
- Family Planning Waiver Program – One of our care coordinators is also in charge of eligibility determination for our Family Planning Medicaid Waiver Program. This program allows women to receive family planning services that include exams, physicals, Pap smears and pre/interconceptual education.
- Health Fairs – Staff participate in health fairs in the community. We provide an educational program to the teenage parent program twice a year and also provide the students with car seats for their babies.
- We provide a program on healthy living focusing on nutrition and physical activity called Bodyworks. We have one person trained who can provide these classes and also provide a train-the-trainer session.

Immunizations:

- We provide basic childhood shots free for all children, ages 0 – 18 years, regardless of family income.
- With a two-year-old immunization rate of 98%, we exceed Florida's goal of 90% immunization coverage for two-year-old children.
- Administered 542 shots to school age children in the week before school started last year.
- 6,014 immunizations were given to children 6 weeks through 18 years of age last year.
- With a public and private school kindergarten immunization rate of 96.3%, we exceeded the statewide immunization rate of 94.6%.
- Our seventh grade immunization rate of 95.5% (public and private school) also exceeds the statewide immunization rate of 92.7%.

- From October – December 2007, gave 3,073 flu vaccinations at every Senior Outreach site in the rural areas of Leon County, homeless shelter, in-town congregate meal sites and other senior living centers.
- Provide routine adult immunizations as well as international travel vaccinations for children and adults, on a fee-for-service basis.

Mental Health

- We contract with Apalachee Mental Health Services to provide mental health services for referrals from Bond and NHS.

Minority Health:

- Specifically created to address disparities in health outcomes among minorities.
- Primarily outreach strategies that focus on the leading causes of death (cancer, heart disease, infant mortality, diabetes and HIV/AIDS).
- Provides health screenings and referrals:
 - Clients: 272
 - Services: 763
 - Attendees at health fairs: nearly 2,529

North Florida Regional Domestic Security Task Force (13-county region across the panhandle, including Leon): Homer J. Rice, RS, MPH, Administrator of Leon County Health Department, is the Health Co-Chair for Region 2. Public Health Preparedness coordinates Leon County Health Department's response to all hazards.

Public Health Preparedness:

- Won a Davis Productivity Award Plaque for Personal Protective Equipment Class for Region 2's Emergency Medical Services.
- Recognized by Yale New Haven for a poster presentation: "Patient Surge-A Hospital and Community Exercise for Alternate Treatment."
- Beleaguered Bus II Exercises (outbreak) throughout the region.
- Pandemic Pandemonium Exercises (flu) to more than a 1000 participants.
- Extreme Exposure Exercises (radiation) throughout the region.
- Assisted hospitals execute their annual requirements for full scale exercises.
- Trained some of our Volunteer Fire Departments in the use of Level C Personal Protective Equipment, including Lake Iamonia/Bradfordville Volunteer Fire & Rescue.
- Presented many pandemic flu talks to citizen groups and sister agencies.
- Trained staff in CPR.
- Recruited, organized and trained three regional strike teams for Environmental Health, Epidemiology, and Special Needs Shelter events.
- Responded to more than 200 suspicious substance calls over the last few years (formerly known as "white powder" incidents).
- Trained numerous responders and health department staff in Incident Command System courses (all levels).
- Placed five CDC Chem Packs in Leon County.