WORKSHOP

Workshop on Apalachee Center, Inc.

Leon County Board of County Commissioner Chambers
Leon County Courthouse, 5th Floor

February 23, 2010
12:00 pm – 1:30 pm

This document distributed: February 16, 2010

Board of County Commissioners
Workshop Item

Date of Meeting:	February 23, 2010
Date Submitted:	February 17, 2010
To:	Honorable Chairman and Members of the Board
From:	Parwez Alam, County Administrator Vincent S. Long, Deputy County Administrator Candice M. Wilson, Director, Health and Human Services
Subject:	Workshop on Apalachee Center, Inc.

Statement of Issue:
This workshop item provides the Board with an update on the Apalachee Center, Inc (ACI). The workshop will be conducted to outline a general overview of services provided by Apalachee Center, Inc., with particular reference and details to those services funded by Leon County for assessment and treatment under the Baker Act and Marchman Act (Attachment #1).

Background:
During the October 27, 2009 meeting, the Board approved the renewal of the Agreement with Apalachee Center, Inc. for Baker Act and Marchman Act services in the amount of $628,004 for FY 2010 (Attachment #2). During its deliberation on the matter, the Board requested a workshop with Apalachee Center, Inc.

Analysis:

OVERVIEW

Apalachee Center, Inc. (ACI) is the only Leon County health care facility designated by the Department of Children and Families (DCF) as the public receiving facility for individuals in mental health and/or substance abuse crisis. Authority for this designation is provided in Chapter 394 (Baker Act) and Chapter 396 (Marchman Act) of the Florida Statutes. Approximately 6,000 persons annually receive treatment through ACI's treatment programs. Currently, ACI employs over 400 staff for the provision of services; and, 67% of its staff consists of Leon County residents.

Accreditation
Apalachee has been continuously accredited by the Joint Commission since 1981. An independent, not-for-profit organization, The Joint Commission accredits and certifies more than 17,000 health care organizations and programs in the United States. In addition, Joint Commission accreditation and certification is nationally recognized as being representative of an organization's commitment to providing quality services by meeting specific performance

standards. Joint Commission Standards are generally recognized as the most rigorous standards for hospitals and behavioral healthcare facilities. As a part of its accreditation process, The Joint Commission conducts an intensive on-site survey triennially, requiring Apalachee Center, Inc. to maintain the highest level of quality care and compliance with the latest standards.

INPATIENT PROGRAMS

Apalachee's Inpatient Programs include:

- Eastside Psychiatric Hospital, a 24 bed psychiatric hospital
- The Evaluation & Admissions Unit (E&A Unit)
- The Crisis Stabilization Unit (CSU)
- The Detoxification Unit

The match funds provided by local governments per Florida Statute 394 help to fund the core "Emergency Services" or Inpatient Programs provided by Apalachee Center, Inc. This includes the Evaluations and Admissions Unit, the Crisis Stabilization Unit, and the Detoxification Unit. In 08/09, Leon County residents accounted for 65% of the admissions for ACI's Inpatient Programs.

The Evaluation and Admissions Unit

The Evaluation and Admissions Unit (E&A Unit) is open 24 hours per day, seven days per week for the provision of screening services to persons experiencing a mental health or substance abuse crisis. Appointments are not required and staff is always available to conduct face-to-face screenings or to provide referral information via telephone. The E&A Unit conducted approximately 3,500 face-to-face screenings of clients in 08/09, 2,200 of which were Leon County residents. The majority, or 94%, of Leon County residents screened were admitted to an Inpatient Unit. Individuals not admitted are referred to Apalachee Outpatient Services or other appropriate services within the community.

The Crisis Stabilization Unit

The Crisis Stabilization Unit, also known as PATH, is a 28 bed unit designated by the State of Florida as a Public Receiving Facility for Baker Act clients. Individuals admitted to the CSU are deemed to be at immediate risk of harming themselves or others due to a mental illness. Admissions can be voluntary or involuntary. To meet Baker Act criteria for an involuntary admission to the CSU, a person must have refused voluntary examination or is unable to determine if the examination is necessary. Also, without care or treatment, the person is likely to suffer from neglect or refuse to care for himself. Such neglect or refusal poses a real and present threat of substantial harm to the individual's well being or there is substantial likelihood that without treatment the person will cause serious bodily harm to himself or others in the near future. In 08/09, the largest percentage, or 29%, of clients admitted to the CSU was referred by community hospitals and physicians. The referral rate was 28% for individuals, family, and friends. The next highest rate of referral was 22% law enforcement. In addition, the CSU had an occupancy rate of 87% for 08/09. The CSU has averaged over 1,200 admissions a year since 06/07.

The Detoxification Unit

The Detoxification Unit, also known as PCC is a 12 bed unit that provides services to individuals admitted to the Detoxification Unit having an immediate need for medically supervised detoxification services. Admissions can be voluntary or involuntary. Marchman Act criteria for an involuntary admission to the Detoxification Unit is that the person must be substance abuse impaired, has lost the power of self-control with respect to substance use due to the impairment, and has either inflicted, threatened, or attempted to inflict physical harm upon himself or another. In addition, unless admitted, the person is likely to self-inflict physical harm or harm another individual, or is in need of substance abuse services and is so impaired that they are unable to appreciate the need for treatment. In-08/09, the largest referral sources for Detoxification clients were individuals, family, or friends at 48%, community hospitals and physicians at 24%, and law enforcement at 15%. In addition, the Detoxification Unit occupancy rate was 81% for 08/09. The Detoxification Unit has averaged 1,000 admissions a year since 06/07.

Upon admission to any of the aforementioned units, clients receive nursing, physical, psychosocial, and psychiatric assessments as a part of the treatment planning process. Services provided also include group sessions held throughout the day on a variety of topics, individual therapy, medication management, nursing services, and discharge planning. In addition, Treatment Teams meet daily to review client progress. Once a client has been stabilized, he is discharged to the most appropriate setting with referrals for follow-up. The majority of clients are discharged to independent living. However, clients are advised that they can return to the Evaluations and Admissions Unit at any time should they experience another mental health or substance abuse crisis.

Residential Services

Apalachee's Residential Services in Leon County include:

- A 4 bed Short-term Residential Facility
- A 16 bed Level 1 Residential Facility
- A 16 bed Satellite Apartments program.

In addition, a 16 bed Level 1 Residential Facility is maintained in Gadsden County as well as a 16 bed Level 2 Residential Program in Madison County.

Outpatient Services

All eight counties within Apalachee's service area have dedicated clinics which provide Outpatient Services including: Psychiatric Services, Substance Abuse and Mental Health Treatment, Case Management, Children's Services, Forensic Services, and Psychosocial Rehabilitation Services.

Leon County Funding

Chart A represents the amount that Leon County has budgeted for Baker Act and Marchman Act Services for the previous three (3) fiscal years.

Chart A: Budget Allocation for Baker Act and Marchman Act Services by Fiscal Year

County Fiscal Year	Budget Amount
FY 06-07	$614,580
FY 07-08	$614,580
FY 08-09	$614,949

Leon County has provided funding to Apalachee Center, Inc. for the purpose of matching state funds for more than 28 years. Florida Statute 394, The Florida Mental Health Act requires that state funds expended for mental health, alcohol and drug abuse services be matched on a 75% state to 25% local basis.

Based upon information provided by ACI, the Leon County funding for Baker Act and Marchman Act Services typically comprises 14% of ACI's total budget. However, of the 25% local match that ACI receives, Leon County typically funds over 60%.

Options:

1. Accept the update on Apalachee Center, Inc.
2. Do not accept the update on Apalachee Center, Inc.
3. Board Direction.

Recommendation:
Option #1.

Attachments:
1. Apalachee Center, Inc. Presentation
2. October 27, 2009 Agenda Item; Approval to Renew the Agreement Between Leon County and Apalachee Center, Inc. for the Provision of State-Mandated Baker Act and Marchman Act Services for FY10

PA/VSL/CMW/syw

APALACHEE CENTER, INC.

Leon County Access, CSU, and Detox Services 2007-2009

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Apalachee Center History

- First organized in 1948 in Tallahassee. Offices were provided by the Board of County Commissioners.
- Expanded in 1971 to serve 7 surrounding counties across 5500 square miles.
- Over 400 employees (of which 268 reside in Leon County).
- Served approximately 6000 persons last year.
- The largest community mental health center between Pensacola and Gainesville.
- One of the first Crisis Stabilization Units licensed by the State of Florida.
- Joint Commission Accreditation since 1981.

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Board of Directors

- As a private, non-profit corporation, Apalachee Center is governed by a citizen Board of Directors. The Board currently consists of 12 members, and is representative of the service area in regard to population demographics and geographic coverage.

- Current Board Member professions include: judges (current and retired), a sheriff, two local businessmen, an attorney, county commissioners (current and former), a housewife, a school administrator, a retired school superintendent, and the Director of the Madison and Jefferson County Health Departments.

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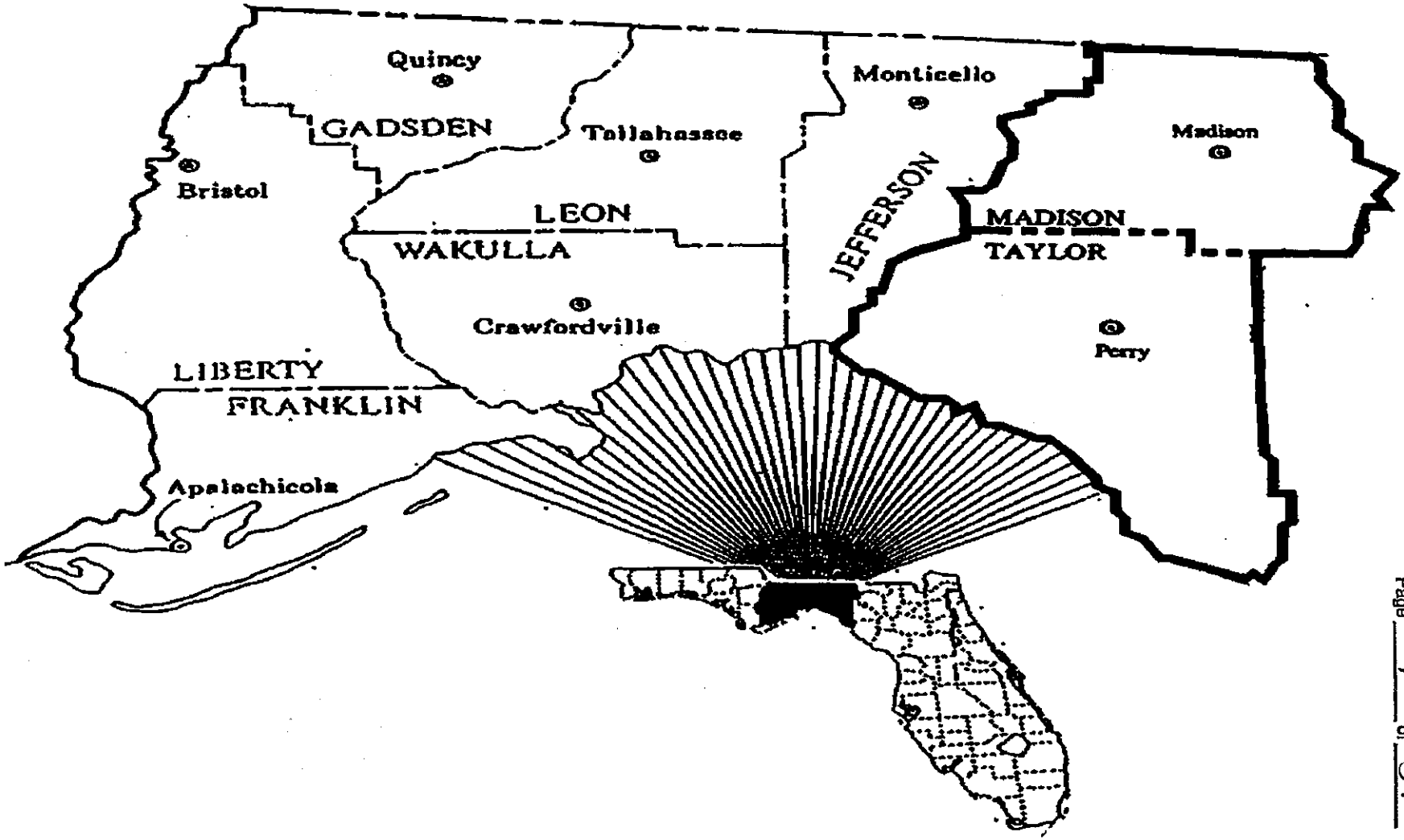
Service Area – Franklin, Gadsden, Jefferson, Leon, Liberty, Madison, Taylor, Wakulla Counties



Mission, Vision, Treatment Philosophy

- **Mission Statement:** It is the mission of Apalachee Center, Inc. to empower persons served to improve the quality of life for themselves and their families through the provision of quality behavioral health care with unrelenting attention to clinical excellence and safety.

- **Vision:** It is the vision of Apalachee Center, Inc. to serve as an integral component of the community's healthcare system.

- **Treatment Philosophy:** Each person's care and treatment will be provided through an interdisciplinary systems model of service delivery within the framework of a philosophy of recovery for adults and resiliency for children and adolescents, with recognition of each person's uniqueness and individuality.

Values

- **Recovery**: Adults can adapt to and recover from psychiatric disabilities. The vision of recovery directs the process from assessment through treatment planning and service delivery.

- **Resiliency**: The services provided to children and adolescents are based upon a vision of resiliency that enhances each child's ability to rebound from life's adversities and enhance the skills and traits needed to maintain a positive lifestyle .

- **Empowerment**: The goal of service provision is to empower each person to live independently in the community and to assist clients in developing the confidence needed to take the lead in their recovery.

- **Choice and Self-Determination**: Persons have the right and the ability to make choices in the domains of living, working, learning, and social activities, and to accept responsibility for their lives.

Values (cont.)

- **Culturally Competent Services**: Acknowledge and incorporate variances in normative acceptable behaviors, beliefs and values in determining an individual's mental wellness/illness and incorporating those variables into assessment and treatment. Provision of services in an environment that creates a sense of belonging and provides assistance for as long as needed. Recognition of the barriers, stigmas, and frustrations faced by persons with psychiatric disabilities. Cultural barriers and struggles need to be recognized and mutually addressed.

- **Person-Centered Services**: Services focus on each individual's personal goals and strengths. Maintain a sense of identity, dignity, self-esteem, and confidence.

- **Stakeholder Inclusion**: Stakeholder, consumer, and family feedback is essential to ensure their voices are heard and that people who need services have priority.

- **Rights of Persons Served**: Understanding, recognition, and assurance of each person's right to privacy, informed consent, treatment with dignity and respect, prompt, adequate, and appropriate treatment, treatment under the least restrictive conditions, non-discrimination, grievance processes.

Inpatient Services

Eastside Psychiatric Hospital (24 Beds); employs 41 FTE.

Crisis Stabilization Unit (28 Beds) – Public Receiving Facility for Baker Act clients; employs 32 FTE.

Detoxification Unit (12 Beds) – Facility for Marchman Act clients; employs 15 FTE.

24–hour Crisis Evaluation & Admissions; employs 10 FTE.

Total of 64 Inpatient Beds

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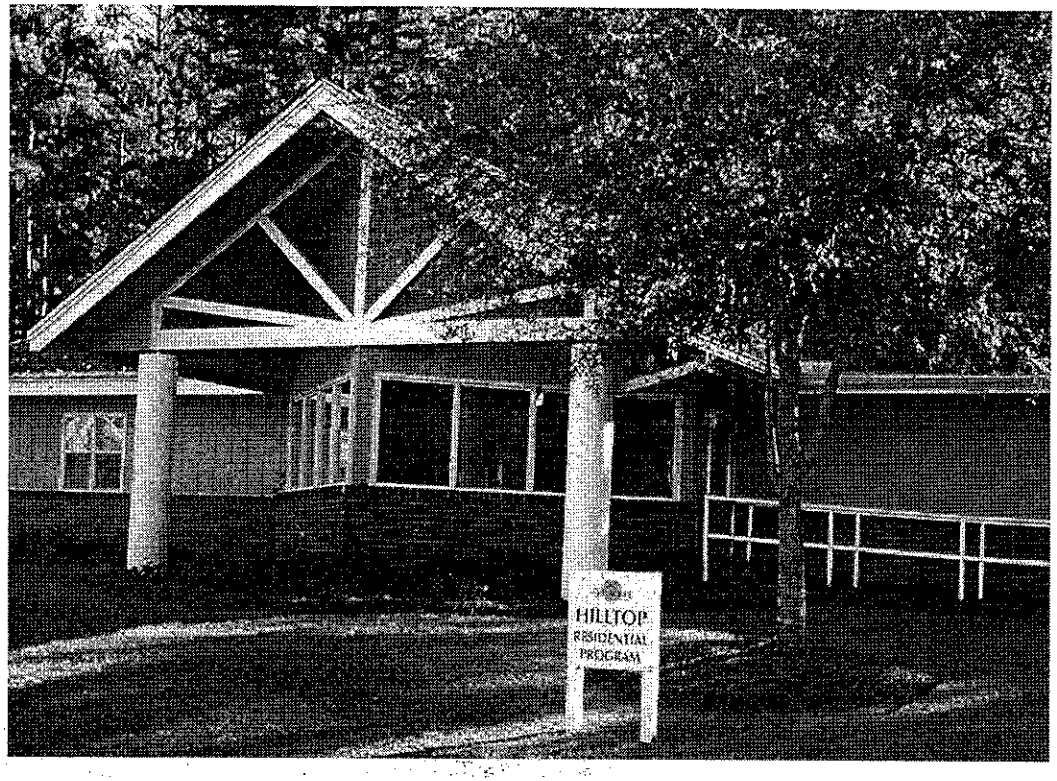
Residential Services



Leon County:

- Short-Term Residential Facility (SRT) 4 – Beds
- Level 1 Residential Facility 16-Beds
- Satellite Apartments 16-Beds

Gadsden County:

- Level 1 Residential Facility 16-Beds

Madison County:

- Level 2 Facility 16-Beds

Total of 68 residential beds.

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Outpatient Services

Services available in all eight counties, in dedicated clinics:

- Psychiatric Services
- Substance Abuse Treatment
- Mental Health Treatment
- Case Management
- Psychosocial Rehabilitation Services
- In-Home Children's Services
- Forensic Treatment
- FACT (Leon County)

New Services

- In 2009, Apalachee Center began expansion of the Eastside Psychiatric Hospital from 24 to 46 beds, and a full renovation of the Crisis Stabilization Unit and the Evaluations and Admissions Unit. This expansion was made possible through a low-interest loan secured through Leon County, at no cost to Florida taxpayers, and will double Apalachee's capacity to serve psychiatric clients in an inpatient setting.

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CRA Architects

Clemons, Rutherford and Associates Inc.

architects . planners . interior designers .
construction managers

PHONE (850-385-6153)

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APALACHEE CENTER INC.

Partnership With Law Enforcement

- The Apalachee Center Community Forensic Team provides psychiatric and case management services to legally involved severely and persistently mentally ill individuals across the eight county area. The Team works with local courts and law enforcement to ensure that psychiatric illness among this population is treated.
- 2005 – Apalachee helped initiate Tallahassee Police Department's Crisis Intervention Training, which is held at Apalachee Center.
- 2007: Apalachee opened a new forensic residential program (thirty four beds) to help alleviate the state-wide forensic bed crisis. This program is at 100% occupancy, and there are no individuals in the state currently waiting more than 15 days for a forensic bed.
- 2008: Apalachee partnered with Leon County to secure a Community Reinvestment Grant from the Department of Children and Families. This grant now funds the Leon County Mental Health Court.

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Leon County Mental Health Court

- In April of 2007, Apalachee Center joined with the Leon County Judicial System and other community stakeholders to initiate the Leon County Mental Health and Substance Abuse Reinvestment Advisory Council. Apalachee Center maintains representation on the Advisory Council that includes Apalachee's Administration, Forensic Outpatient and Forensic Residential programs.

- Under the auspices of the Advisory Council, Apalachee participated in a grant writing effort that funded the Leon County Mental Health Court. In May of 2008, the first Mental Health Court Docket was completed.

- Apalachee is the fiscal managing entity for the 5 positions funded through this grant. Apalachee employs two of the 5 positions that are key positions to the carrying out of the Mental Health Court duties. The two positions are the Mental Health Court Case Manager and the Pre-Trial Release Specialist. Along with these two positions the Forensic Outpatient Program participates in a weekly staffings to facilitate access to treatment and services with the intent to reduce recidivism.

- Shared goals with the Criminal Justice System and Mental Health Court:
  - Minimize risk to public
  - Obtain adherence to treatment plan and abstinence from substance use
  - Alleviate symptoms of illness
  - Promote successful community reintegration through case management services
  - Encourage family/social support
  - Support employment efforts.

Partnership with Physical Health Care

- In January, 2008, Apalachee joined with Leon County Health Department to provide psychiatric coverage and benefits restoration in Bond and Neighborhood Health Clinics, two local free clinics. Over two hundred clients who would not otherwise have received mental health services have been seen.

- This partnership has expanded with Bond CHC, Leon County FQHC, which is now on-site to serve the physical healthcare needs of Apalachee clients.

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Bond-Apalachee Wellness Integration Center

- Numerous studies show that people with serious mental illness have high rates of physical health related problems, which may result in an average 25 year drop in life expectancy.
- The Wellness Integration Center is the first cross-care facility of its kind in the region. It brings together medical staff and mental health providers at a single site to improve health outcomes for people with a mental illness. This model for integrated care is nationally recognized as a best practice.
- In addition to services offered by Apalachee Center, primary care providers from Bond offer adult immunizations, screening and physical exams, episodic care, cancer screening and prevention, medication reviews and treatment for chronic illnesses such as diabetes, hypertension, and emphysema.
- Patients are served regardless of their ability to pay.
- The goal of collocating behavioral and medical providers is to provide health care services to more patients, reducing costs and cutting down on transfers to expensive hospital –based services.
- The "no wrong door" approach makes health care more friendly, less stigmatizing, and easier to access at a single location.
- The result is improved healthcare for the neediest and most vulnerable members of the community.

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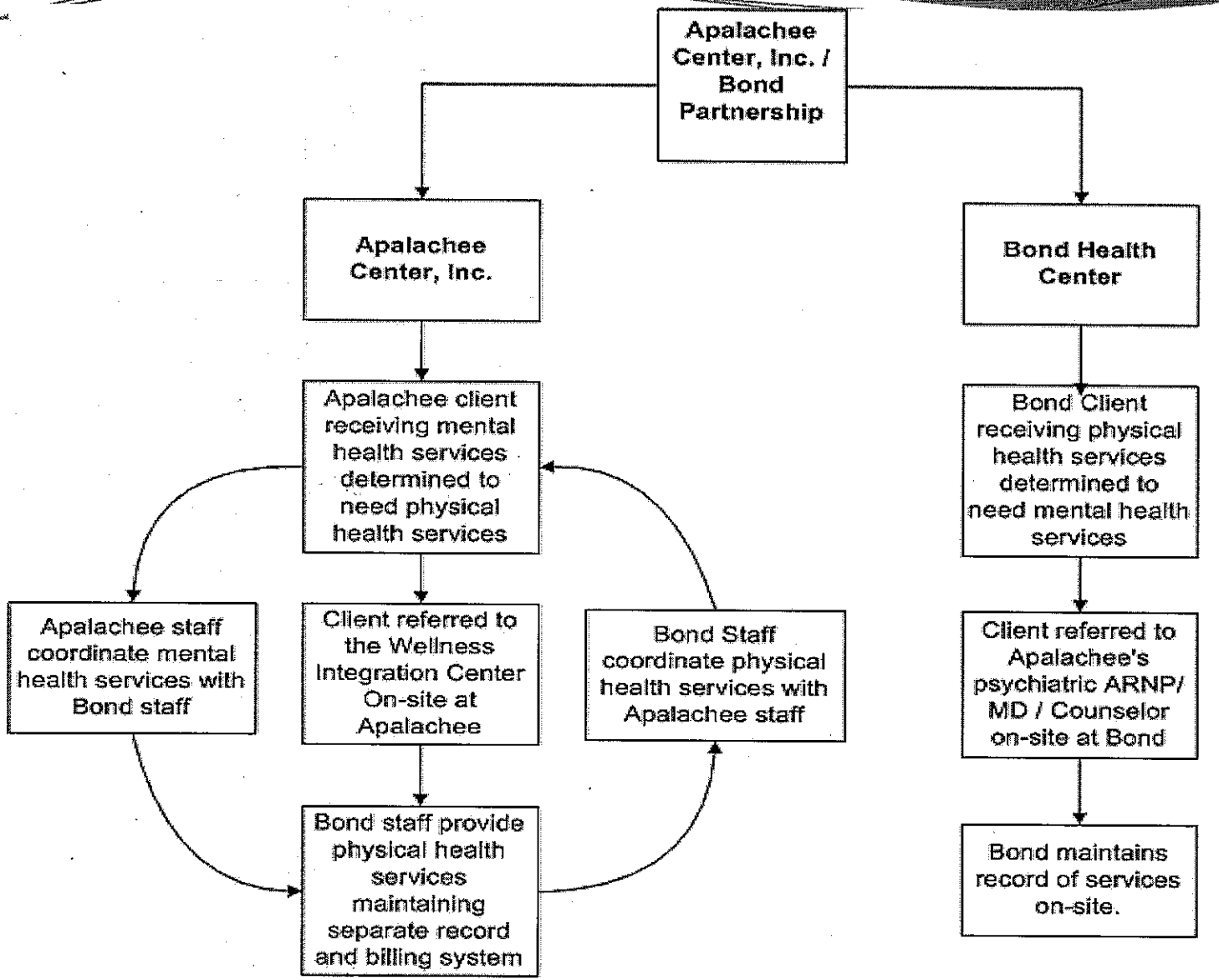

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Partnership with Family Safety

- In 2008, Apalachee Center began to partner with the Department of Children and Families Family Safety division to staff the Family Intervention Team in Leon and Gadsden Counties. This team provides rapid access to mental health and substance abuse services, in an effort to reduce abuse, neglect, and removals from the home. Since the inception of this program, approximately 600 families have been served and linked with necessary treatment.

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Partnership With Other Community Providers

- In 2007, Apalachee Center invited DISC Village (the largest local substance abuse treatment provider) to begin co-locating in Apalachee offices in rural counties, in order to provide "one-stop" access for families in crisis.

- In 2009, Apalachee Center partnered with Florida A&M University to provide Apalachee's inpatient pharmacy services and to serve as a training site for pharmacy students. Apalachee also serves as a training site for FAMU social work, nursing and psychology students.

- Apalachee Center also serves as a training site for Florida State University medical, psychology, social work and nursing students.

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Partnership with Other Community Providers

(cont.)

- Bethel Family Life Center
- Federal Emergency Management Agency (FEMA)
- Homeless Shelter
- Homeless Coalition
- Capital Regional Medical Center
- Ability First
- National Association on Mental Illness (NAMI)

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Funding & Utilization of Apalachee Emergency Services by Leon County

Fiscal Year	Total Funding	State Funding	Local Match	Leon County
06/07	$4,387,421	$3,272,377 (75%)	$969,705 (22%)	$593,505 (14% of total funding, 61% of local match)
07/08	$4,355,841	$3,272,377 (75%)	$972,780 (22%)	$614,580 (14% of total funding, 63% of local match)
08/09	$4,491,404	$3,359,189 (75%)	$973,057 (22%)	$614,857 (14% of total funding, 63% of local match)

Fiscal Year	Total Admissions	Leon County Residents
06/07	2279	1478 (65%)
07/08	2450	1641 (67%)
08/09	2437	1630 (67%)

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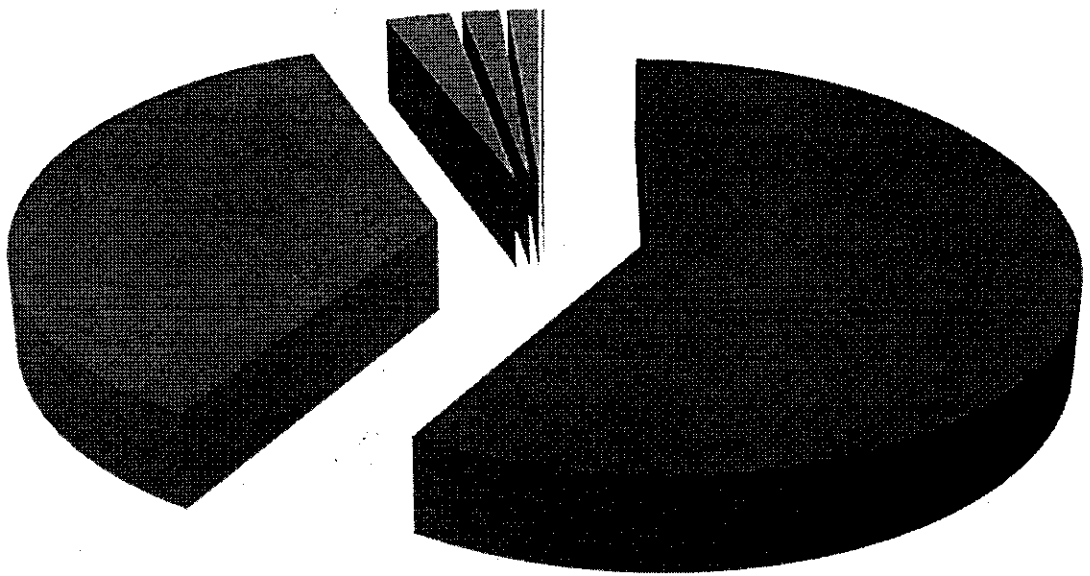
FY08/09 Revenue

Percentages



- State Contracts (58.5%)
- Patient Fees (35.6%)
- Leon County Match (2.8%)
- Other County Match (1.6%)
- Other Local Funds (1.3%)
- Other Income (.1%)

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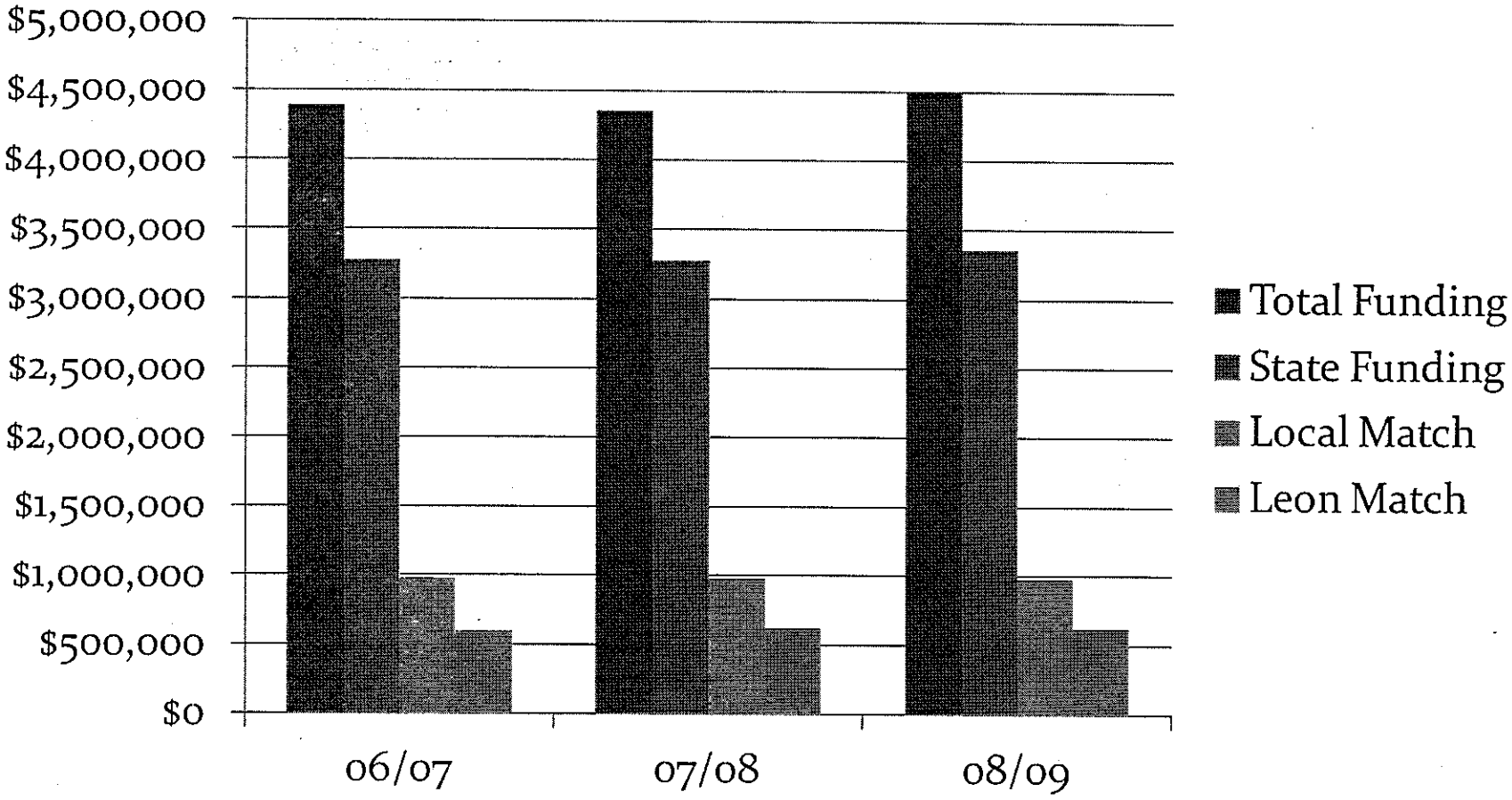
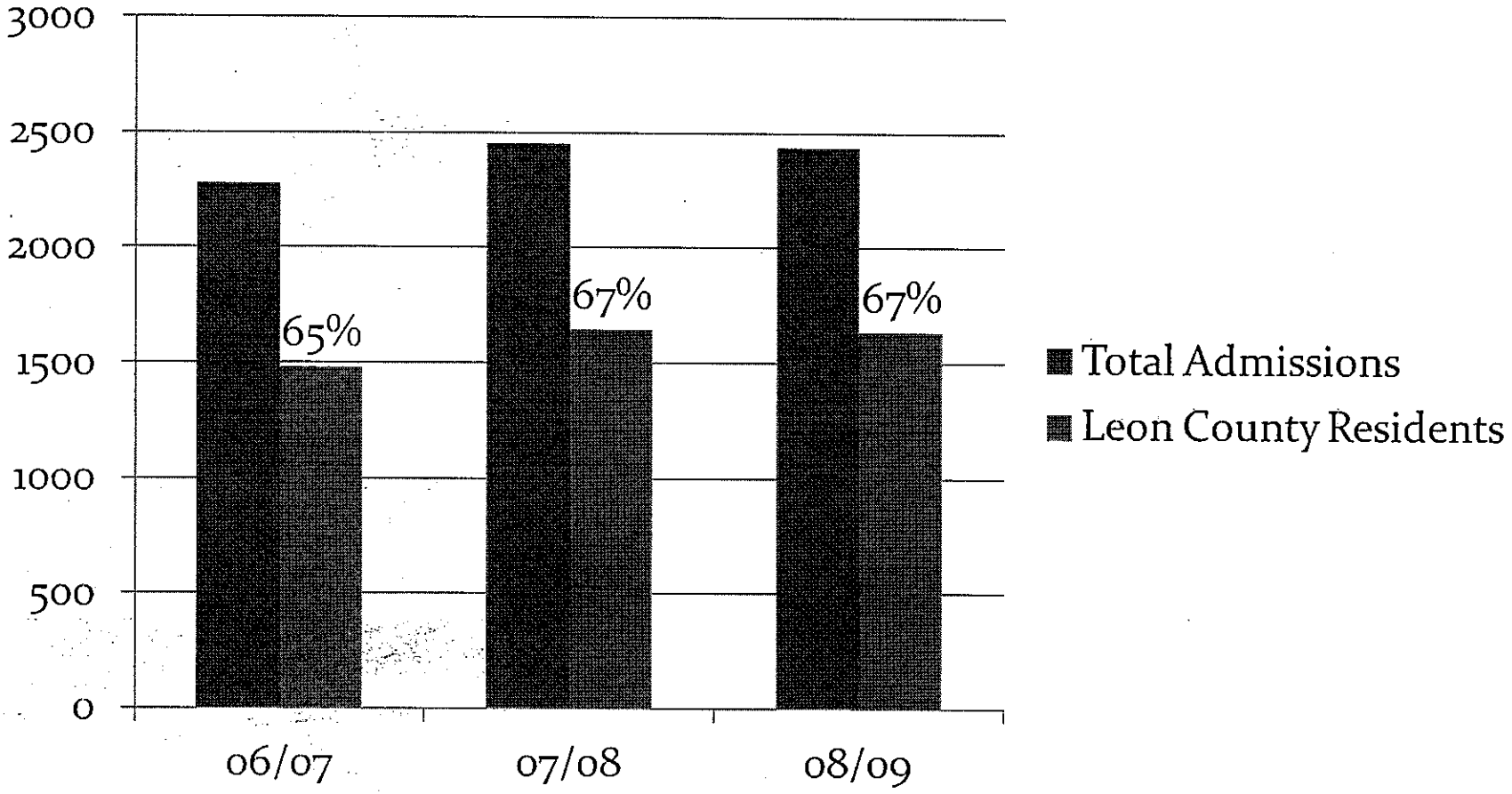
Funding of Apalachee Emergency Services by Leon County



Utilization of Apalachee Emergency Services by Leon County



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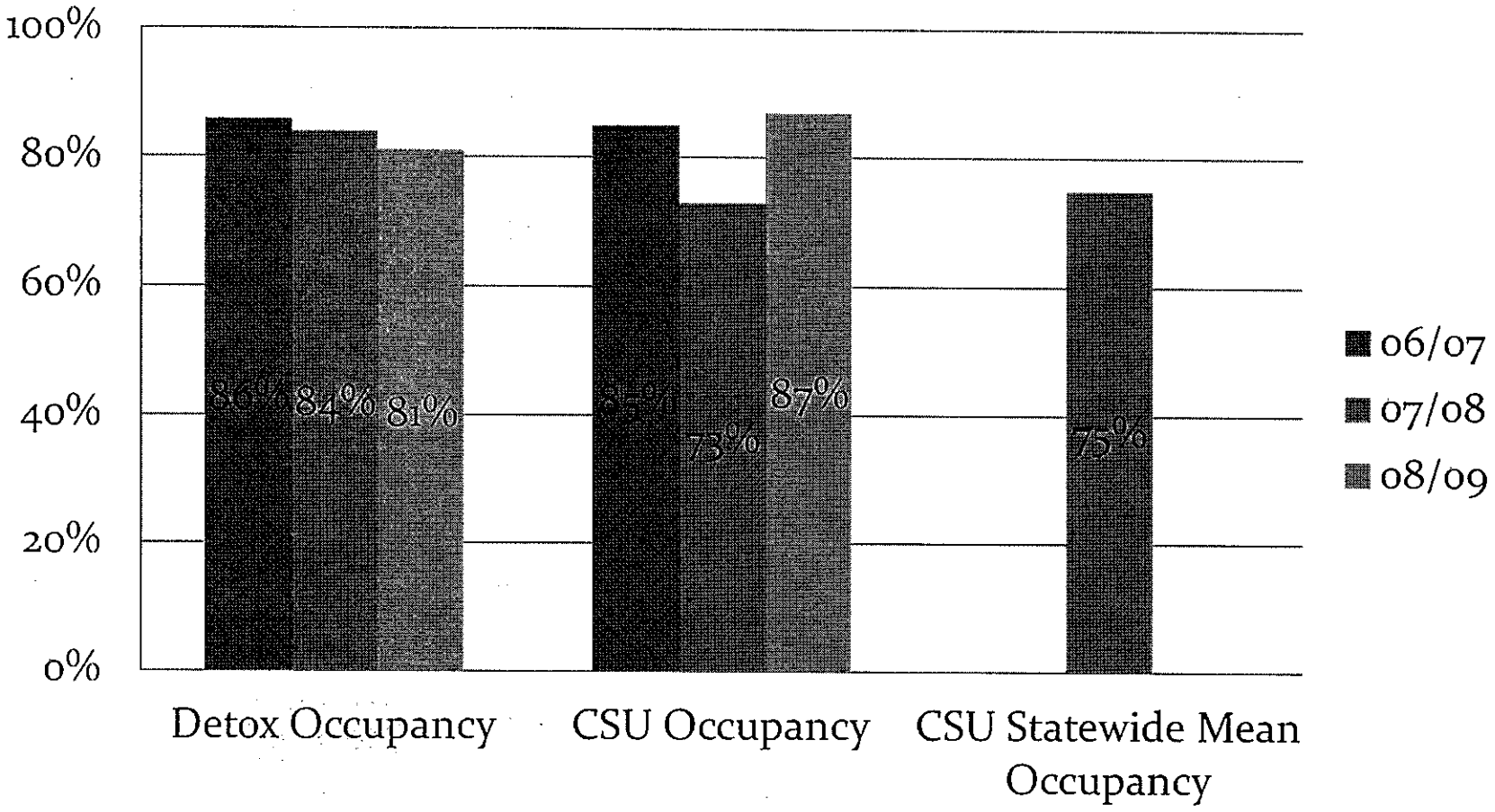
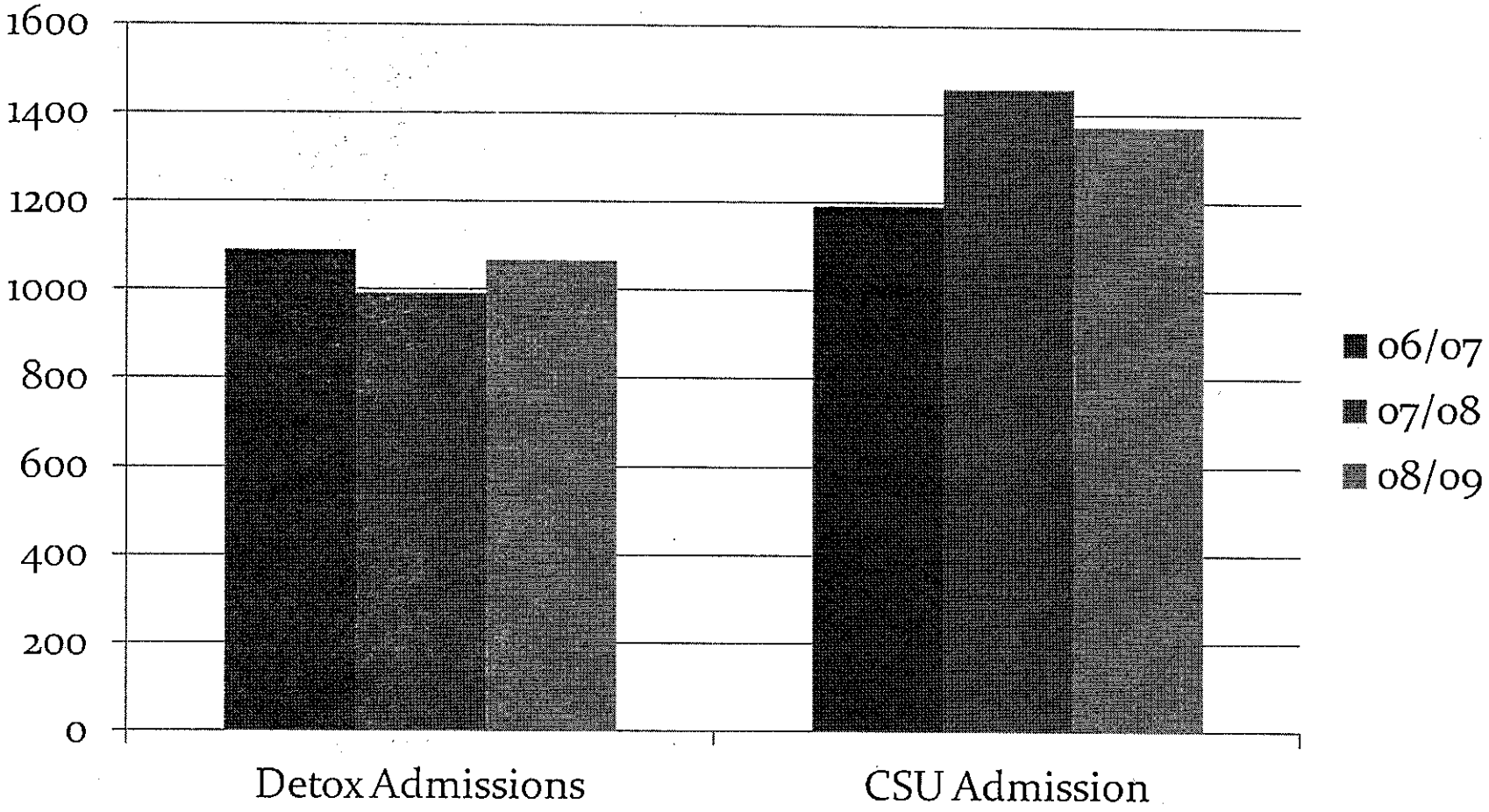
Detox and CSU Utilization Data



Number of Admissions



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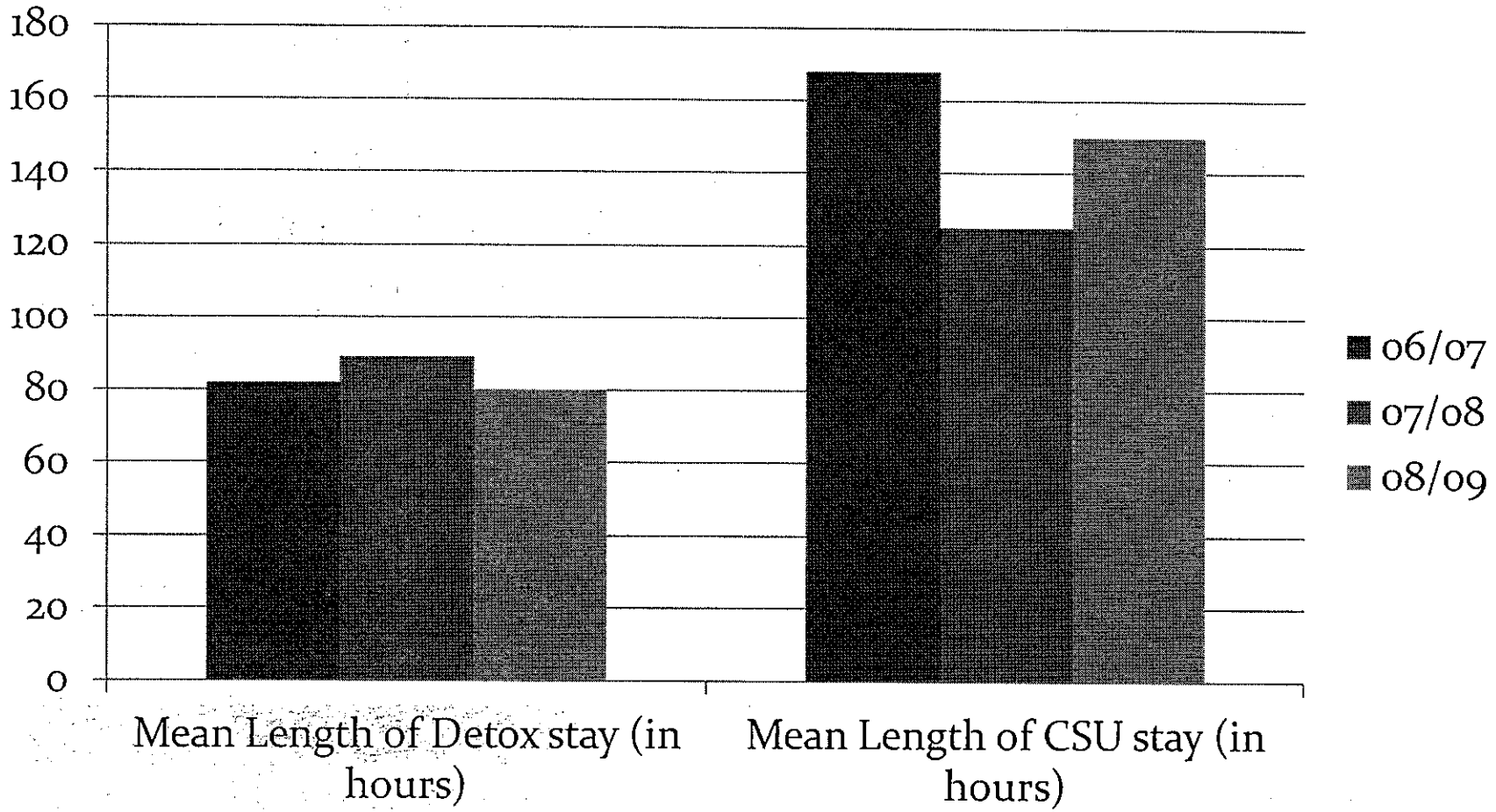
Average Length of Stay in Hours



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Evaluations and Admissions Department Services

- Evaluations and Admissions Department (also referred to as Access Department /Emergency Services) is open 24 hours per day, seven days per week.
- Provides assessments and screenings for individuals experiencing a mental health or substance abuse crisis; conducts the intake process for individuals requiring inpatient admission.
- Provides referrals to other providers and/or levels of care if admission is not needed.
- Provides information to the public/family/other providers about the Baker Act and Marchman Act.
- Manages telephone calls from individuals in crisis.
- Screens clients with felony charges for the Leon County Detention Facility and provides treatment recommendations.
- Baker Act Coordinator ensures compliance with Florida Statutes 394 and 397. Works closely with the Public Defenders Office, Florida State Hospital, Law Enforcement Agencies, and Detention Facilities.

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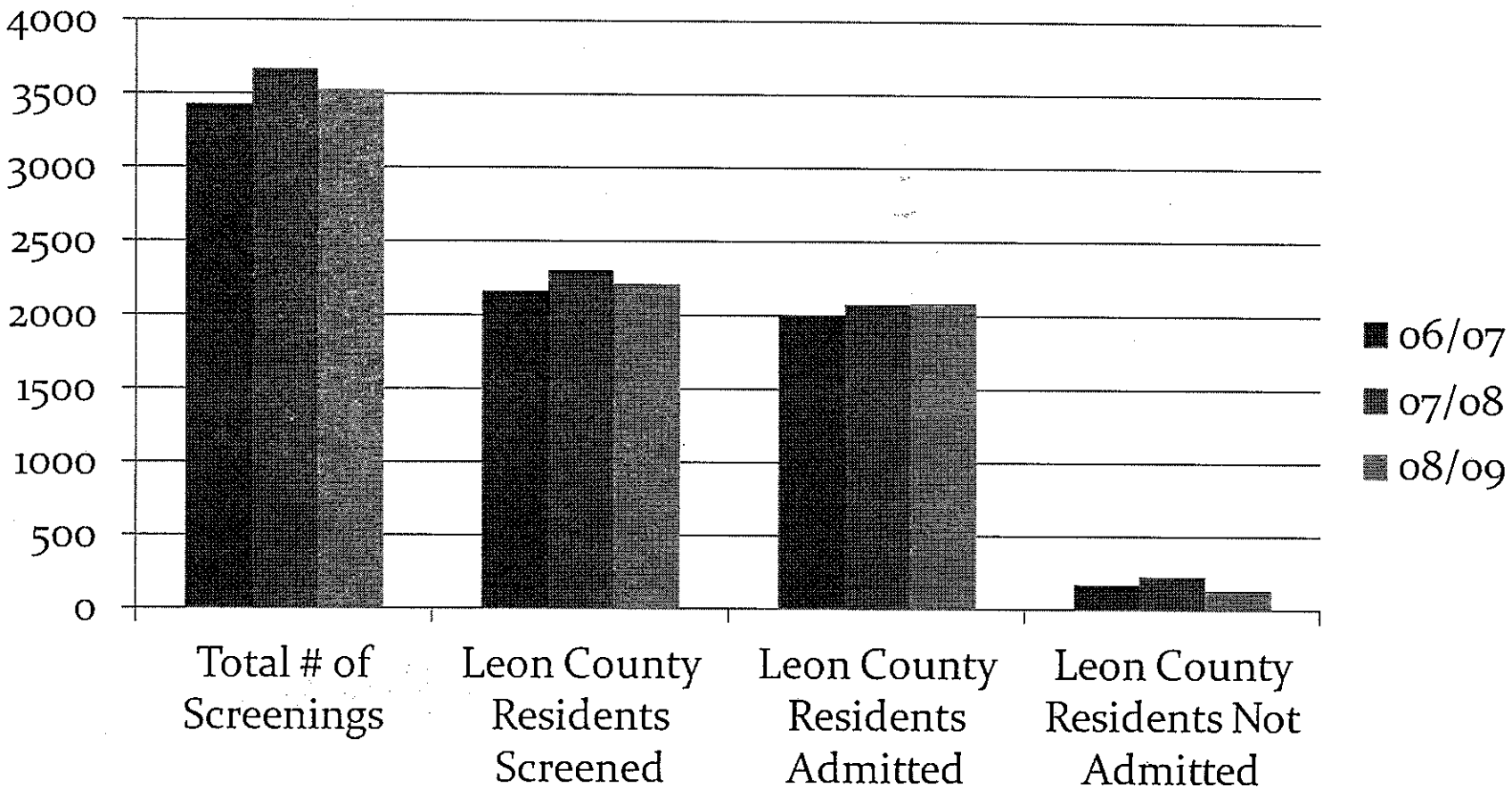
Evaluations and Admissions Department
Screenings & Admissions



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Why are some individuals not admitted?

- The most common reasons for not being admitted are:
  - The individual declines the services offered.
  - The individual does not meet the criteria for admission (symptoms are not severe enough to require a locked inpatient unit).
  - The individual is beyond the medical management capability of the unit.

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What happens if someone is not admitted?

- If not admitted after being screened, Evaluations and Admissions will refer the individual to services most appropriate for his/her needs. Examples include:

Apalachee Center Outpatient Programs
FSU Human Services Center
Disc Village
AA/NA/CA groups
VA Outpatient
Bethel Counseling
Assisted Living Facilities
Big Bend 211

Primary Care Physicians
Private Therapist/Psychiatrists
Leon County Health Department
Lincoln Neighborhood Center
Bond Clinic
Community Hospitals
Nursing Homes

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Baker Act Criteria

(1)a. The person has refused voluntary examination after conscientious explanation and disclosure of the purpose of the examination; **or**

b. The person is unable to determine for himself or herself whether examination is necessary;

and either:

(2)a. Without care or treatment, the person is likely to suffer from neglect or refuse to care for himself or herself; such neglect or refusal poses a real and present threat of substantial harm to his or her well-being; and it is not apparent that such harm may be avoided through the help of willing family members or friends or the provision of other services; **or**

b. There is a substantial likelihood that without care or treatment the person will cause serious bodily harm to himself or herself or others in the near future, as evidenced by recent behavior.

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Marchman Act Criteria

AA person meets the criteria for involuntary admission if there is good faith reason to believe the person is **substance abuse impaired** and, because of such impairment:

(1) Has lost the power of self-control with respect to substance use;

aand either:

(2)a. Has inflicted, or threatened or attempted to inflict, or unless admitted is likely to inflict, physical harm on himself or herself or another; **or**

b. Is in need of substance abuse services and, by reason of substance abuse impairment, his or her judgment has been so impaired that the person is incapable of appreciating his or her need for such services and of making a rational decision in regard thereto; however, mere refusal to receive such services does not constitute evidence of lack of judgment with respect to his or her need for such services.

CSU Referral Sources

Referral Source	06/07	07/08	08/09
Community Hospital/Physicians	30%	33%	29%
Individual/Family/Friends	25%	24%	28%
Law Enforcement	20%	18%	22%
Prison/Jail/Probation/Other Court/ Legal	10%	11%	10%
Other	8%	8%	5%
Mental Health/Substance Abuse Provider	6%	5%	4%
State Hospital	1%	1%	2%

Detox Referral Sources

Referral Source	06/07	07/08	08/09
Individual/Family/Friend	50%	52%	48%
Community Hospitals/Physicians	20%	18%	24%
Law Enforcement	13%	14%	15%
Prison/Jail/Probation/Other Court/ Legal	5%	8%	7%
Other	7%	4%	4%
Mental Health/Substance Abuse Provider	5%	4%	2%

Admission Process

- All CSU and Detox clients are admitted through the Evaluations and Admissions Department.

- CSU (PATH) clients are admitted on a voluntary or an involuntary status (Baker Act initiated by law enforcement, mental health/medical professional, ex parte Court Order).

- Detox (Primary Care Center) clients are admitted on a voluntary or an involuntary status (Marchman Act through an ex parte Court Order, Physician's Certificate, or Protective Custody).

- The intake process includes:
  - Client escorted through metal detector, and client belongings stored for safety.
  - Gathering demographic information, emergency contact information, review of the legal, medical, and financial documents to determine the reasons for the referral and appropriate placement/disposition options.
  - An initial assessment (Emergency Contact Sheet) is completed by an Access Coordinator (with the client and significant others that may have accompanied the individual) to determine current functioning, presentation, mental status, suicide/homicide lethality risk, brief psycho-social history, and provisional diagnosis.
  - The client is provided an explanation of services offered and the rights and responsibilities associated with their legal status.

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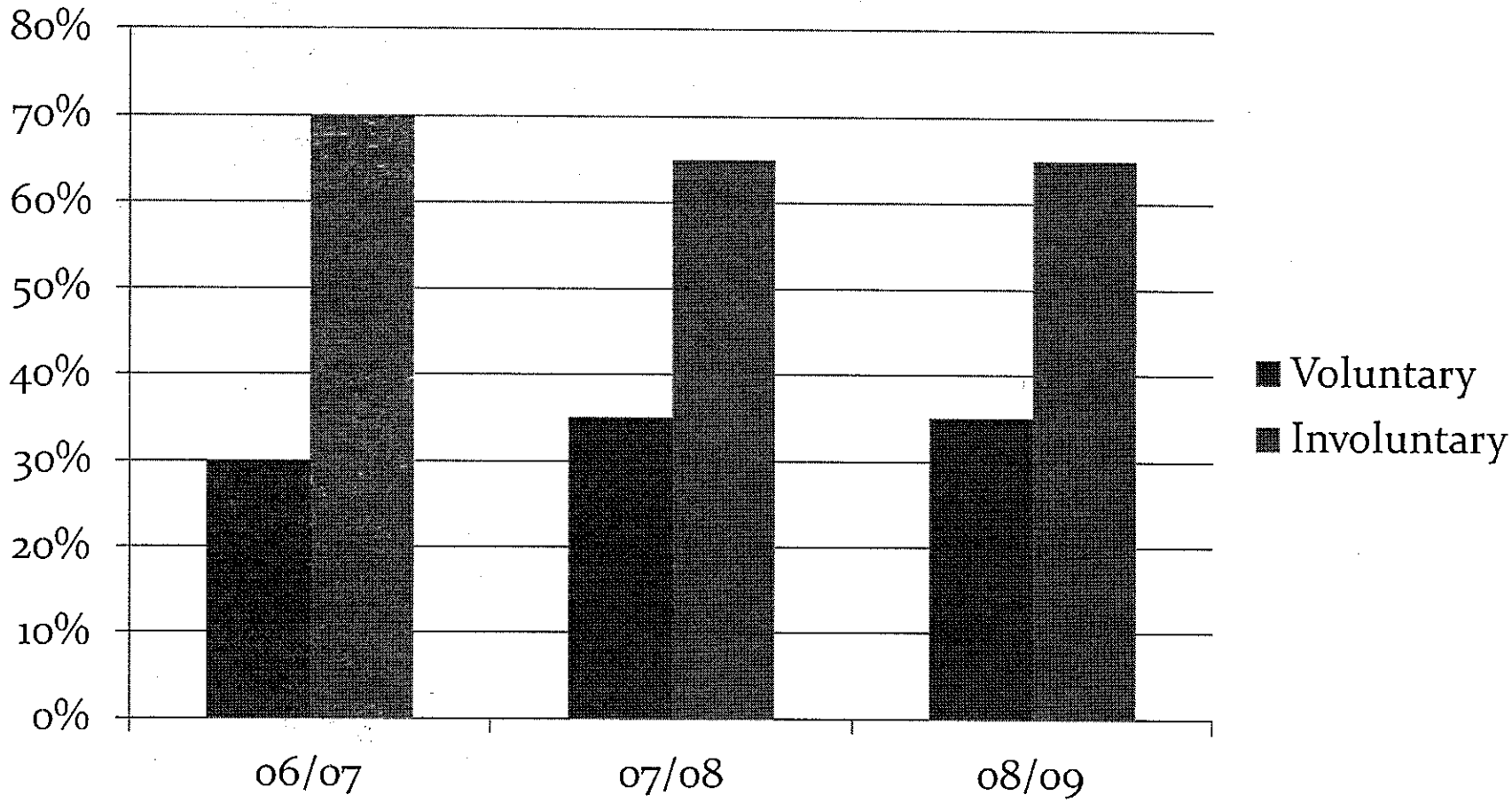
Admission Process (cont.)

- Detox clients are given a breathalyzer test to determine level of intoxication.
- A nursing assessment is completed by a Registered Nurse. During the hours or 7:30 a.m. and 8:00 p.m., an RN is available in the Evaluations and Admissions Department to complete the nursing assessment. During the hours of 8:00 p.m. to 7:30 a.m., RN's from one of the units are available to complete nursing assessments.
- The Psychiatrist is contacted by the Access Coordinator and Registered Nurse to staff the case. Behavioral , medical, and legal information regarding the client is reviewed with the Psychiatrist.
- The Psychiatrist determines the disposition. The psychiatrist may send the client to a local hospital for medical clearance if the physical needs are beyond the medical management capabilities of the units. If medically stable, the Psychiatrist will give admitting orders to the appropriate unit. Initial treatment orders for medications, labs, and observation level will be given.
- Intake paperwork is completed with the client including releases of information, and consents for treatment. The client is then entered into the computer system and given an ID bracelet noting allergies and falls risk. A photograph is taken for identification purposes.
- Report is given to the admitting unit on the presenting issues and needs of the client.

CSU Admissions: Legal Status

Leon County Residents



CSU Admission Diagnoses

DSM IV Diagnosis	% of Admissions
Mood Disorders	41%
Schizophrenia and Other Psychotic Disorders	37%
Adjustment Disorders	10%
Substance Related Disorders	5%
Delirium, Dementia, and Amnestic and Other Cognitive Disorders	4%
Anxiety Disorders	1%
Impulse-Control Disorders	1%
Other Diagnosis	1%

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CSU Client Demographics

	06/07 Total Clients Served	06-07 Leon County Residents	07-08 Total Clients Served	07-08 Leon County Residents	08/09 Total Clients Served	08/09 Leon County Residents
Admissions	1189	758	1461	979	1372	889
Male	712	472	872	605	874	575
Female	477	286	589	374	498	314
White	657	416	846	568	768	502
Non-White	524	338	615	411	601	385
0-17	10	2	39	12	5	3
18-54	1066	683	1306	906	1248	823
55+	113	73	116	61	118	63

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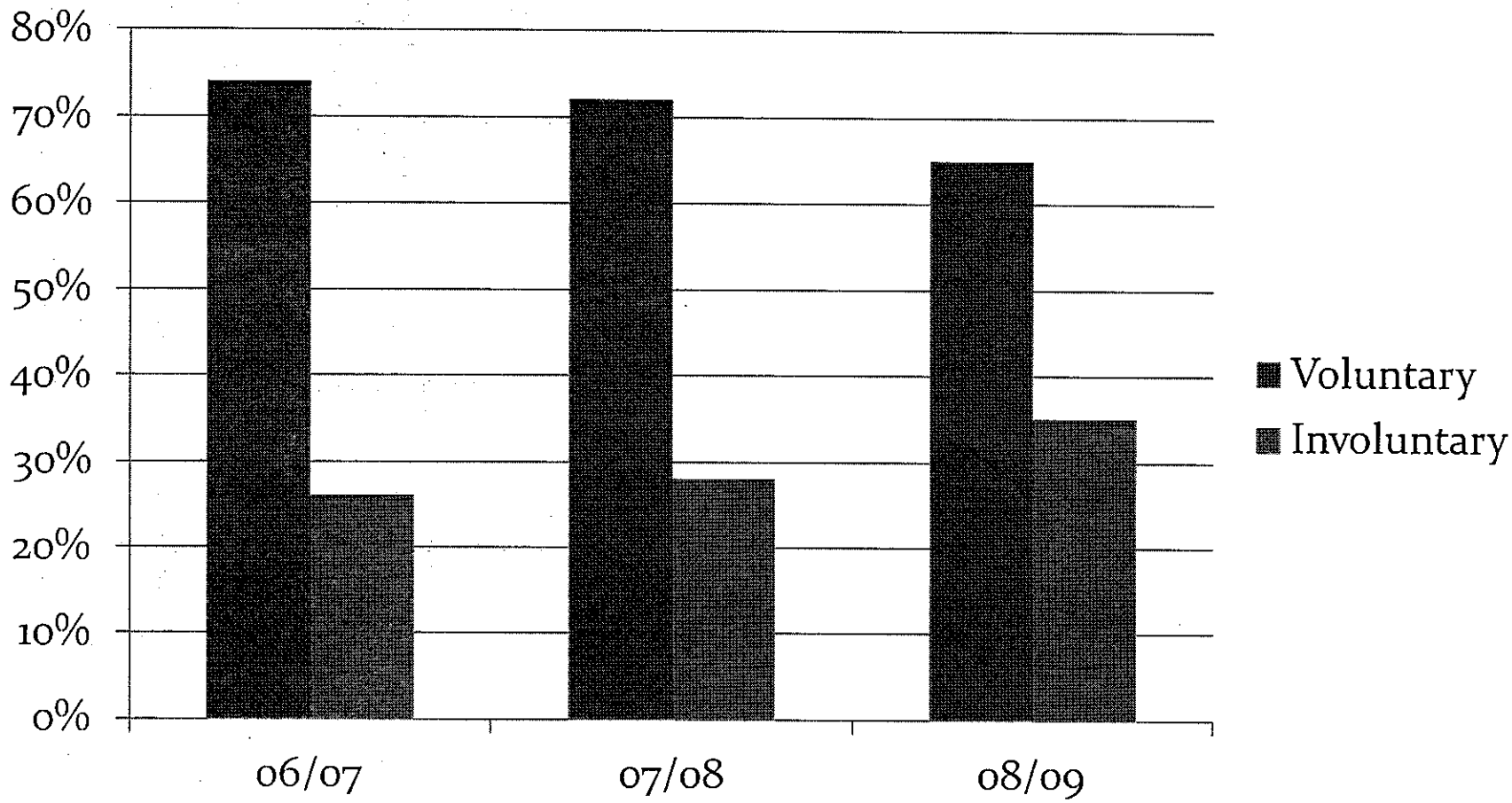
Detox Admissions: Legal Status

Leon County Residents



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Detox Admission Diagnoses

DSM IV Diagnosis	% of Admissions
Alcohol Related Disorders	40%
Other Drug Related Disorders (Cocaine, Cannabis, Opiates, Sedatives, etc)	26%
Co-Occurring Disorders	22%
Poly substance Dependence	12%

Detox Client Demographics

	06-07 Total Clients Served	06-07 Leon County Residents	07-08 Total Clients Served	07-08 Leon County Residents	08-09 Total Clients Served	08-09 Leon County Residents
Admissions	1088	719	995	660	1065	733
Male	771	535	705	478	823	576
Female	317	184	290	182	242	157
White	799	531	768	512	821	578
Non-White	288	187	227	148	243	154
0-17	16	3	17	5	15	9
18-54	934	621	858	572	877	607
55+	138	95	119	82	173	117

Services Provided on CSU and Detox

- Following intake, the client is transported to their assigned unit by Mental Health Assistant. The client is introduced to other staff and the admission process is completed.
  - Personal belongings are inventoried – clothes, magazines and other items that do not pose a safety threat may stay with the client. Cigarettes, belts, shoe laces and other items prohibited on the unit are placed in a locker. Valuables are locked in a safe.
  - Staff review with the client their rights and responsibilities, privacy notices, program rules and procedures, services and treatment planning processes.
  - The client is assigned a room and oriented to the unit.
  - The client is encouraged to take a shower and clothes are laundered.
  - The client meets with the nurse to complete fall risk assessment, nutritional screening and the medication reconciliation process.
  - Dietary consults are available as needed with a registered dietician.
  - The client is introduced to the program milieu.

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Services Provided on CSU and Detox (cont.)

- Within 24 hours of admission the client is seen by an ARNP for a medical exam. Treatment and medications for medical/physical needs (i.e. antibiotics, blood pressure medications, insulin, etc.) are addressed and ordered at this time.
- All CSU clients will have a psychiatric evaluation completed within 24 hours of admission to determine treatment recommendations. Detox clients are evaluated by a psychiatrist if they entered the program on a Marchman Act or if they present with co-occurring mental health and substance abuse issues.
- Nursing staff will note all physician orders and implement treatment as prescribed.
- Clients will meet with a unit social worker who will complete a bio-psychosocial evaluation and contact family/significant others if indicated.
- The unit social worker will work with the client to develop a treatment plan, including goals and plans for discharge. If the client presents with suicidal or homicidal ideations, suicide or homicide protocols are initiated to ensure safety plans are in place prior to discharge.

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Services Provided on CSU and Detox (cont.)

- Group sessions are available daily, throughout the day, based on unit schedules and include community meetings, stretch, healthy living skills, health management, counseling groups, stress management, relapse prevention, and relaxation/art activities. Many of these groups are based on curriculum developed out of research currently being done at the FSU Department of Psychology.
- Individual counseling sessions are available with a licensed psychologist and a licensed mental health counselor .
- Treatment team meetings are held to ascertain progress and evaluate the treatment plan.
- Psychological testing is conducted as needed and determined by the treatment team.
- Chaplain visits occur every Saturday and are available to all clients.
- Unit social workers coordinate with family members, outpatient providers and community residential programs throughout the client's stay to ensure a safe discharge destination.
- The psychiatrist with input from the treatment team members determines the clients readiness for discharge and the unit social worker provides follow up appointments and coordinates transportation to the clients agreed upon discharge placement. Referrals for medical issues will also be provided.
- Discharge instructions are reviewed with the client and significant others. Prescriptions and/or medications are provided .

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Where do clients go when discharged?

- Most clients are stabilized and return to independent living.
- Clients who require more structure upon stabilization may be referred to an Assisted Living Facility, Nursing Home, Supervised Apartments, or a Residential Treatment Facility.
- There are a small number of individuals who are not able to stabilize on the Crisis Unit and are admitted to Florida State Hospital:

  - 7/06-6/07 3 Leon County residents were admitted to Florida State Hospital from Apalachee Center's Crisis Stabilization Unit.

  - 7/07-6/08 3 Leon County residents were admitted to Florida State Hospital from Apalachee Center's Crisis Stabilization Unit.

  - 7/08-6/09 5 Leon county residents were admitted to Florida State Hospital from Apalachee Center's Crisis Stabilization Unit.

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Where do clients go for follow-up?

- CSU and Detox clients who live in Leon County with a primary diagnosis of mental illness receive an appointment at the Apalachee Leon County Outpatient Clinic, regardless of ability to pay. Initial intakes are held on Tuesdays, and clients do not need to wait more than 7 days for their initial appointments.

- Those who are homeless receive intake appointments at the Homeless Project, where they are also able to receive psychiatric and case management services.

- Open psychiatric clinics are held twice weekly to ensure rapid access to psychiatric medication prescription.

- Patient Assistance Programs are utilized to obtain medications for clients who can not afford them.

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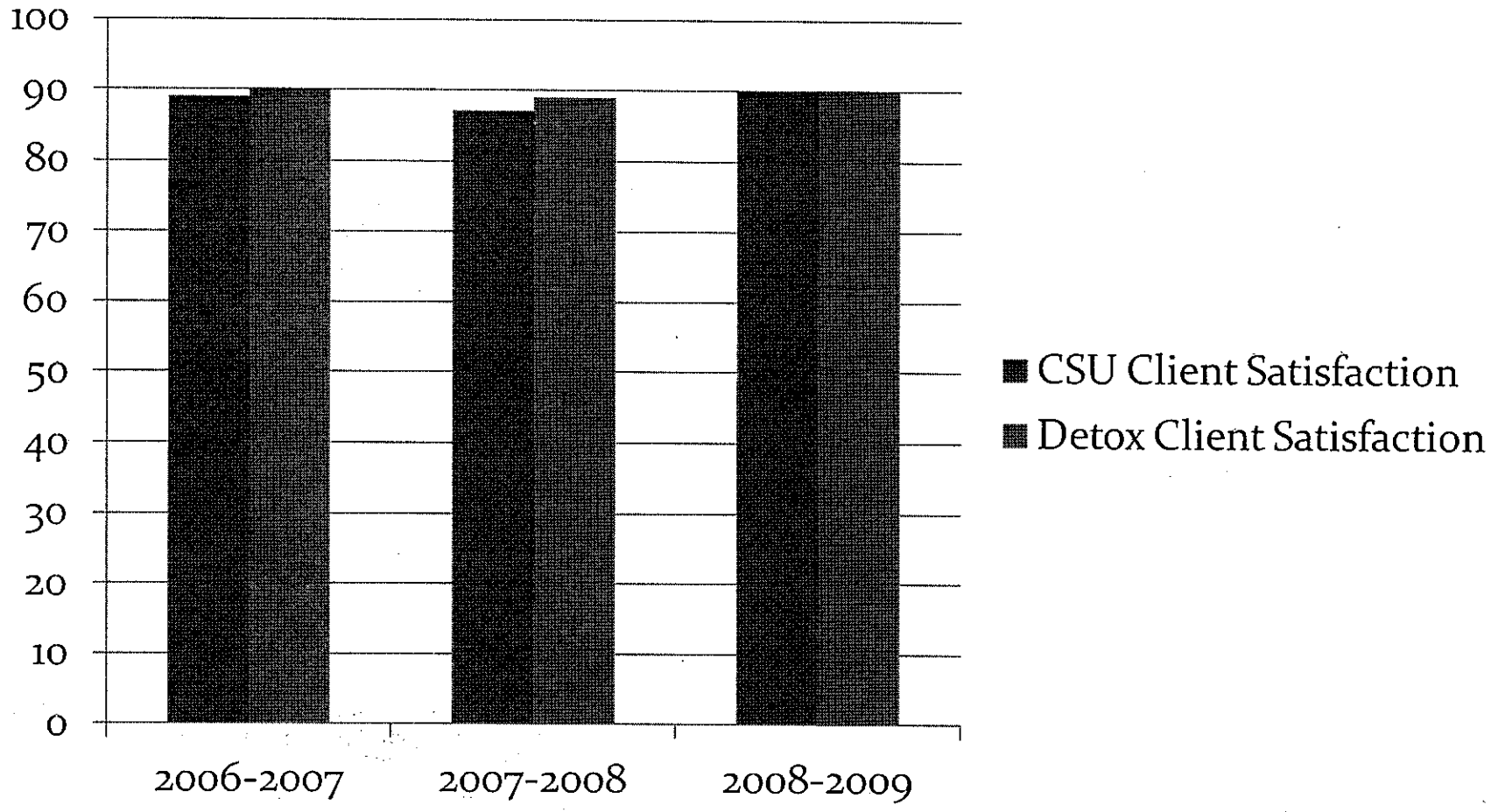
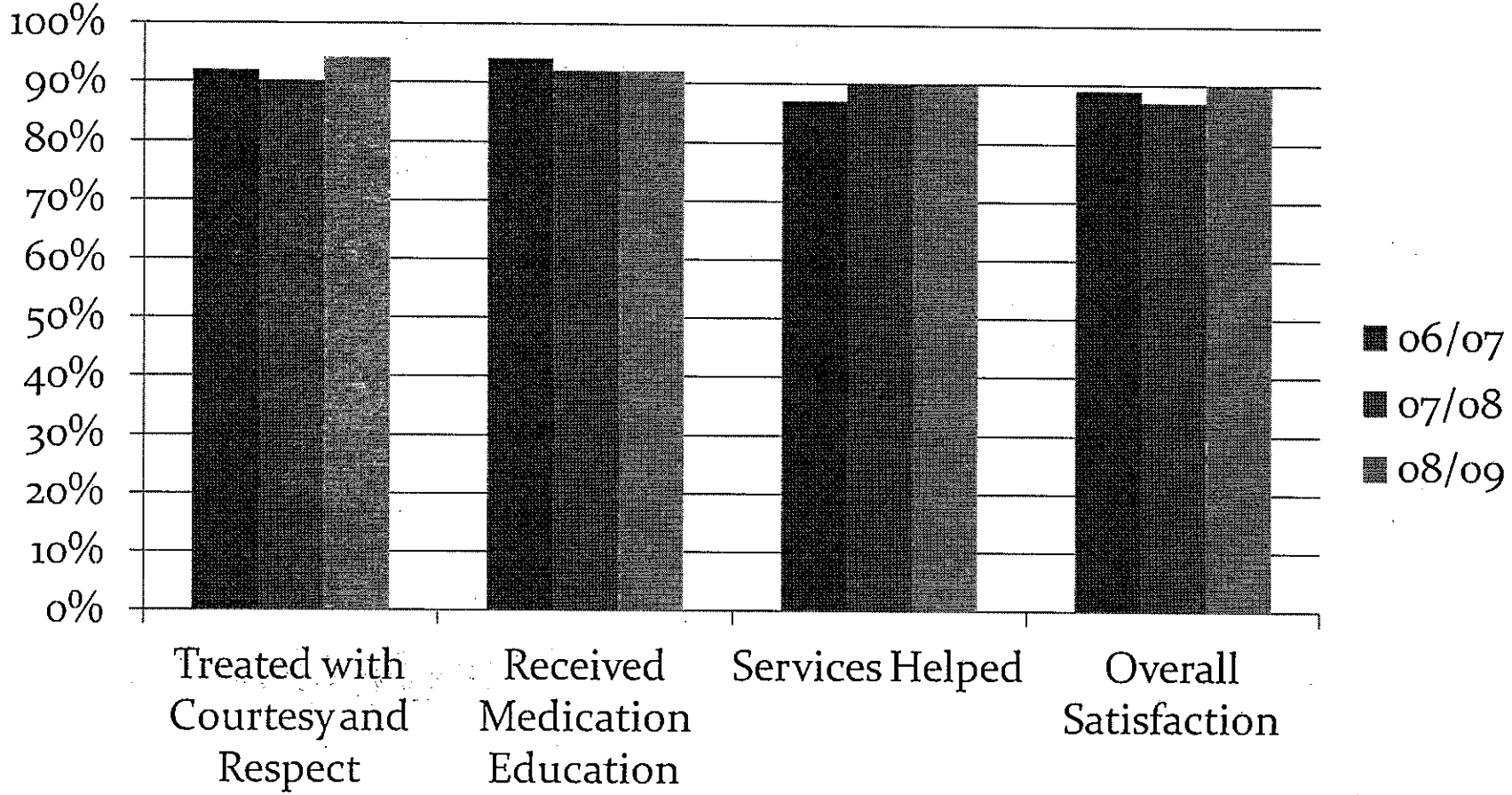
Customer Satisfaction on CSU and Detox



CSU Client Satisfaction Survey Results



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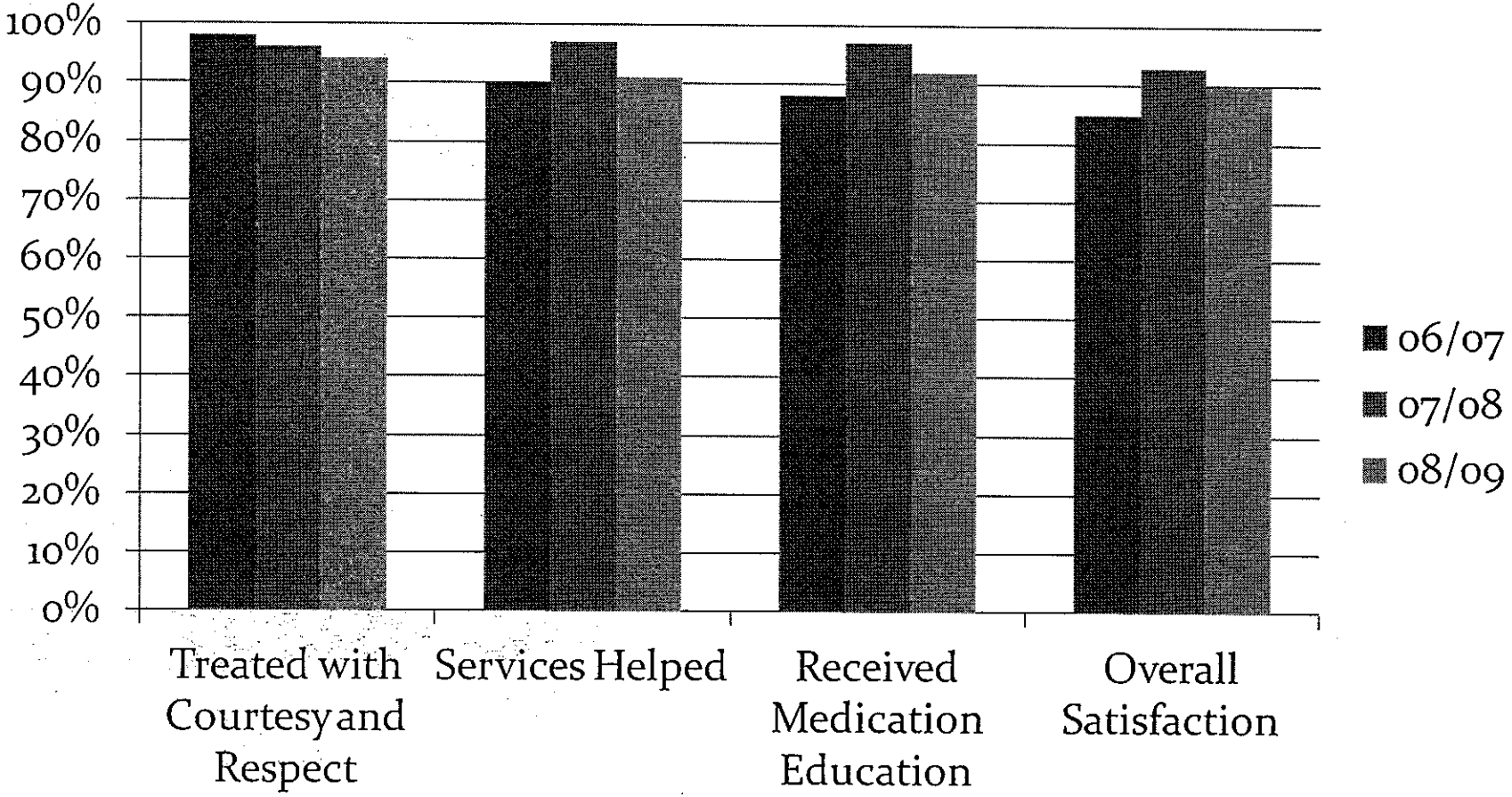
Detox Client Satisfaction Survey Results



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Board of County Commissioners
Leon County, Florida
www.leoncountyfl.gov

Agenda Item
Executive Summary

October 27, 2009

Title:
Approval to Renew the Agreement Between Leon County and Apalachee Center, Inc. for the Provision of State-Mandated Baker Act and Marchman Act Services for FY10

Staff:
Parwez Alam, County Administrator
Vincent S. Long, Deputy County Administrator
Candice M. Wilson, Director of Health and Human Services

Issue Briefing:
This item seeks the Board approval to renew the Agreement with Apalachee Center, Inc. (ACI), for Baker Act and Marchman Act services for FY 09-10 (Attachment #1).

Fiscal Impact:
This item has been budgeted and adequate funding is available. Funding for this item was approved within the FY10 Adopted Budget.

Staff Recommendation:
Option #1: Approve the renewal of the Agreement with Apalachee Center, Inc. for Baker Act and Marchman Act services in the amount of $628,004 for the period of October 1, 2009 to September 30, 2010, and authorize the County Administrator to execute.

Report and Discussion

Background:
Apalachee Center, Inc. is the only Leon County health care facility designated by the Department of Children and Families (DCF) as the public receiving facility for individuals in mental health and/or substance abuse crisis. Authority for this designation is provided in Chapter 394 (Baker Act) and Chapter 396 (Marchman Act).

Leon County has provided funding to ACI for the purpose of matching state funds for more than 28 years. The Baker Act appears as Florida Statues, Chapter 394 "The Florida Mental Health Act" and requires that state funds expended for mental health, alcohol and drug abuse services be matched on a 75% state to 25% local basis. Florida Statues, Chapter 396 is known as the Marchman Act and outlines a means of providing an individual, in need of substance abuse services, with emergency services and temporary detention for substance abuse evaluation and treatment when required, either on a voluntary or involuntary basis.

Analysis:
ACI currently provides alcohol and drug detoxification and crisis stabilization services under the Baker and Marchman Acts to Leon, Franklin, Gadsden, Jefferson, Liberty, Madison, Taylor, and Wakulla counties. These counties provide the 25% local match responsibility on a bed-day utilization basis (Total bed-days used/bed-days used by County). Other funding sources include the Leon, Gadsden, and Wakulla County school boards; Medicare; and other first and third party payor fees.

The following charts represent Leon County's funding and utilization comparison of ACI for the past four years. Chart A presents Leon County's local match funding for both the Baker Act and Marchman Acts. Chart B presents the number of County residents screened and admitted. Chart C presents a breakdown of the number of residents admitted by age, sex, and race for FY 05-06 to FY 08-09. Chart D presents the number of residents declined admission and the reasons therefore for FY 05-06 to FY 08-09. Chart E shows the number and percent of bed days utilized by Leon County residents. Chart F demonstrates the cost to Leon County by patient and by patient day of utilization.

County Fiscal Year	Amount
FY 05-06	$602,281
FY 06-07	$611,505
FY 07-08	$614,580
FY 08-09	$614,949

Chart B: Leon County Residents Screened and Evaluated

Fiscal Year	Number
FY 05-06	2,203
FY 06-07	2,190
FY 07-08	2,375
FY 08-09	2,128

Chart C: FY 05-06 to FY 08-09 Leon County Residents Admitted to Inpatient Units

FY 05-06

AGE	TOTAL	RACE	TOTAL	SEX	TOTAL
0-17	11	White	1300	Male	1281
18-54	1839	Non-White	764	Female	790
55+	221	Unknown	7		
Unknown					
Total	**2,071**		**2,071**		**2,071**

FY 06-07

AGE	TOTAL	RACE	TOTAL	SEX	TOTAL
0-17	13	White	1,213	Male	1,206
18-54	1,688	Non-White	746	Female	757
55+	259	Unknown	4		
Unknown	3				
Total	**1,963**		**1,963**		**1,963**

FY 07-08

AGE	TOTAL	RACE	TOTAL	SEX	TOTAL
0-17	28	White	1,333	Male	1,379
18-54	1,879	Non-White	817	Female	772
55+	243	Unknown	1		
Unknown	1				
Total	**2,151**		**2,151**		**2,151**

FY 08-09

AGE	TOTAL	RACE	TOTAL	SEX	TOTAL
0-17	13	White	1,300	Male	1,297
18-54	1,741	Non-White	727	Female	734
55+	277	Unknown	4		
Unknown	0				
Total	**2,031**		**2,031**		**2,031**

Chart D: FY 05-06 to FY 08-09 Leon County Residents Not Admitted

REASONS	05/06	06/07	07/08	08/09
Adult/Minor Referred to TMH	52	33	40	20
Adult/Minor Referred to Life Management/Bay Behavioral	1	0	0	0
Admitted to a Medical Hospital	15	42	25	9
Detox Beds Full	16	9	10	3
Did Not Need Inpatient or Declined Services	151	128	111	76
Became Physically Violent and Was Arrested	1	2	5	1
Other	0	13	31	14
Total Number of Residents Not Admitted	**236**	**227**	**222**	**124**

Chart E: Leon County: Bed Day Utilization

Fiscal Year	Baker	Marchman	Total	Bed Days Available	Per Cent Utilization
FY 05-06	5,242	2,844	8,086	14,600	55.38%
FY 06-07	4,931	2,397	7,328	14,600	50.2%
FY 07-08	5,096	2,472	7,568	14,600	51.2%
FY08-09	5,689	2,332	8,021	14,600	54.9%

Chart F: Leon County Cost Per Patient and Patient Day

Fiscal Year	Cost	No. Patients	No. Patient Days	Cost / Patient	Cost / Patient Day
FY 05-06	$602,281	1,609	8,086	$374.32	$74.86
FY 06-07	$611,505	1,963	7,328	$311.52	$83.45
FY 07-08	$614,580	2,151	7,568	$285.72	$81.21
FY08-09	$614,949	2031	8,021	$302.78	$76.66

Options:

1. Approve the renewal of the Agreement with Apalachee Center, Inc. for Baker Act and Marchman Act services in the amount of $628,004 for the period of October 1, 2009 to September 30, 2010, and authorize the County Administrator to execute.
2. Do not approve the renewal of the Agreement with Apalachee Center, Inc. for Baker Act and Marchman Act services in the amount of $628,004 for the period of one year.
3. Board Direction.

Recommendation:

Option # 1.

Attachments:

1. Agreement Between Leon County and Apalachee Center, Inc. for the provision of Baker Act and Marchman Act Services for FY10.

PA/VSL/CMW/SYW

AGREEMENT

This Agreement is entered into this _____ day of _____ 2009 between LEON COUNTY, FLORIDA, a Charter-County and Political Sub-division of the State of Florida(hereafter "LEON COUNTY") and APALACHEE CENTER, INC., (hereafter "APALACHEE) a non-profit entity located at 2634-J Capital Circle NE, Tallahassee, FL 32302.

WHEREAS, APALACHEE has for a number of years contracted with the Department of Children and Families for the provision of mental health services under Chapter 394, Florida Statutes; and

WHERAS, Section 394.76, Florida Statues, requires that state funds expended for mental health, alcohol and drug abuse services, subject to certain specified exemptions, be matched on a 75% to 25% state to local basis; and

WHEREAS, the local governing body is required to provide that amount of funds when added to other available local matching funds, is necessary to match state funds; and

WHEREAS, APALACHEE has identified certain funds raised and expended by it as matching funds which it agrees may be used by LEON COUNTY to reduce the amount of matching funds it is obligated to provide; and

WHEREAS, APALACHEE has at all relevant times asserted that such expenditures were an advancement against an obligation owed by LEON COUNTY; and

WHEREAS, LEON COUNTY is desirous of continuing its long and harmonious relationship with APALACHEE CENTER, INC.

NOW, THEREFORE, APALACHEE CENTER, INC. AND LEON COUNTY, FLORIDA, agree as follows:

(1) Commencing October 1, 2009 through September 30, 2010, LEON COUNTY will provide APALACHEE with matching funds in the amount of $628,004 to be paid in twelve (12) successive monthly payments.

(2) APALACHEE agrees to seek other funding from other local governing bodies in accordance with Florida Law.

(3) The parties agree to an audit at the election of the LEON COUNTY. In the event of such audit, the auditor will be selected and paid for by the LEON COUNTY; however, the auditor must comply with Generally Accepted Accounting Principles (GAAP).

(4) APALACHEE agrees to submit a report to include demographic data and the number of clients served, clients denied admission and reason for denial and referral information on a quarterly basis and to submit invoices monthly.

(5) A material breach of this agreement by either party would entitle the other to pursue any and all remedies and to assert all defenses which would have been available to either in the absence of such agreement.

(6) Nothing in this agreement shall be construed as establishing or creating a relationship of agency, partners or employment between the parties, or as constituting either party as the agent or representative of the other for any purpose. APALAHACHEE is not authorized to bring LEON COUNTY to any contract or other obligations, and shall not expressly or impliedly represent to any party that APALACHEE is the agent or representative of LEON COUNTY.

(7) APALACHEE agrees to indemnify and hold harmless LEON COUNTY from claims, damages liabilities, or suits of any nature arising out of, because of, or due to the breach of this agreement by APALACHEE, its delegates, agents, employees, or due to any acts occurrence of the omission or commission of APALACHEE, included but not limited to costs and a reasonable attorney's fee. LEON COUNTY may at its sole option, defend itself or allow APALACHEE to provide the defense. APALACHEE acknowledges that Ten Dollars ($10) of the amount to be paid to the APALACHEE is sufficient consideration for APALACHEE indemnification of LEON COUNTY.

(8) This agreement shall be governed by, construed, and enforced in accordance to the laws of the State of Florida.

(9) In accordance with Section 287.133, Florida Statues, APALACHEE certifies to the best of its knowledge that neither APALACHEE nor its affiliates have been convicted of a public entity crime. Violation of the section by APALACHEE shall be grounds for cancellation of this agreement by LEON COUNTY.

(10) The performance of LEON COUNTY of its obligations under this agreement shall be subject to and contingent upon the availability of funds budgeted by LEON COUNTY or otherwise lawfully expendable for the purposes of this agreement for the current and future periods.

ATTESTED BY:

BY_____
Chief Financial Officer

APALACHEE CENTER, INC.

BY_____
President, CEO

LEON COUNTY, FLORIDA

BY_____
Parwez Alam
COUNTY ADMINISTRATOR

ATTESTED BY:
CLERK OF COURT

BY_____

APPROVED AS TO FORM
COUNTY ATTORNEY'S OFFICE

_____
Herbert W. A. Thiele, Esq.
County Attorney