Waterbody: Lake Iamonia



Basin: Lake Iamonia

Lake lamonia is an approximately 5,554 acre, shallow, flat-bottomed, phosphorus-limited, prairie lake located in northern Leon County. Drastic water level fluctuations occur from discharge to the sinkhole and receiving floodwaters from the Ochlockonee River. Various control structures have been constructed (and ultimately dismantled) in order to attempt to control water level fluctuations.

Starting in the early 1900's, various management practices, especially water-level stabilization and changes in land use, have led to the overabundance of aquatic plants and the accumulation of organic sediment in Lake Iamonia which impede recreational usage and threaten its fish, wildlife, and ecosystem integrity. One of the largest modifications occurred in 1939, when an earthen dam was constructed to isolate the 20-acre sink basin from the lake. Other modifications continued, with the latest being the removal of two gates that were formerly used to control water levels. Prior to their removal in 2007, the gates had remained open since 1980, because the Northwest Florida Water Management District deemed the dam to be unsafe for impounding water. These latest modifications have been performed in order to protect the public and to allow the lake to have more naturally fluctuating water levels. Water quality monitoring continues to be used to evaluate the long-term health of the lake.

As shown in the following pie chart, approximately 14% of land use in the 66,727-acre Lake lamonia basin is agriculture, rangeland, urban, utilities or transportation. Increases in stormwater runoff and waterbody nutrient loads can often be attributed to these types of land uses.



Background

Healthy, well-balanced lake communities may be maintained with some level of human activity, but excessive human disturbance may result in waterbody degradation. Human stressors may include increased inputs of nutrients, sediments, and/or other contaminants from watershed runoff, adverse hydrologic alterations, undesirable removal of habitat or riparian buffer vegetation, and introduction of nuisance exotic plants and animals. Water quality standards are designed to protect designated uses of the waters of the state (e.g., recreation, aquatic life, fish consumption), and exceedances of these standards are associated with interference of the designated use.

Methods

Surface water and sediment sampling were conducted to determine the health of Lake Iamonia and met the requirements of the Florida Department of Environmental Protection (FDEP).

Results

Dissolved Oxygen (DO)

As Figure 1 shows, Lake Iamonia often did not meet the state DO criteria. This was not unexpected, since all stations are shallow (usually less than 2.0 meters) and are normally covered with vegetation, which prevents rapid water exchange with the larger area of the lake and limits the air/water gas exchange. Plant respiration (samples were often taken in the morning hours) and sediment oxygen demand also contributed to the low DO saturation values. Staff considers this a natural condition for Lake Iamonia.

Fish Consumption Advisory

The Florida Department of Health has issued consumption limits for certain fish in Lake Iamonia due to elevated levels of mercury.

<u>Click here for more information about fish consump-</u> tion advisories in Leon County.

Nutrients

During the sampling period (2004-2019), several stations were inaccessible due to drought. Sinkhole activity and drought prevented staff from collecting samples in 2012. When viewing tables and figures, the absence of data means there was not enough data collected (due to lack of water) to fulfill data requirements.

The nutrient thresholds and results are found in Table 1. Due to low water conditions, FDEP data requirements for the Numeric Nutrient Criteria could not be met for 2011 through 2012.

While state numeric nutrient criteria were not exceeded during the period of record, the elevated chlorophyll-*a* results in 2013 and 2015 should be noted.

Metals

Copper levels were elevated at stations IA8 and L11B during the 3^{rd} quarter of 2019. While the source of

copper is unknown, it is suspected that the copper exceedances are the result of the application of copper-based algaecides.

<u>Click here for more information on metal levels in</u> <u>Leon County waterbodies.</u>

Table 1. FDEP's chlorophyll-a, total nitrogen and phosphorus criteria for
lakes applied to Lake Iamonia. Due to low water, the numeric nutrient
criteria data requirements could not be calculated for years 2011-2012.

		Total	Total
Colored C Lakes	Chlorophyll- <i>a</i> 20.0 µg/L	Nitrogen	Phosphorus
		Threshold	Threshold
		1.27-2.23	0.05-0.16
		mg/L	mg/L
2004	1.7	0.41	0.01
2005	3.9	0.48	0.01
2006	1.8	0.57	0.02
2007	5.0	0.90	0.02
2008	6.1	1.11	0.04
2009	5.8	0.53	0.02
2010	5.6	0.69	0.02
2011-	-	-	-
2012			
2013	14.52	0.72	0.04
2014	3.26	0.75	0.03
2015	15.4	0.61	0.04
2016	8.8	0.60	0.02
2017	7.1	0.60	0.02
2018	6.8	0.60	0.03
2019	6.2	0.50	0.02

Other Parameters

Biochemical oxygen demand (BOD) levels at all sites during the August 27, 2020 sampling events were elevated ranging from 2.4 - 6.1 mg/L. During the same time, chlorophyll-a results were also elevated at all stations, ranging from 11.3 to 24.3 µg/L. Due to the ongoing drought, station depths had been steadily decreasing over the course of 2019; average depths were 2.6 meters in March vs. 1.5 meters in August. The large amount of naturally occurring coarse particulate organic material (CPOM) on the lake bottom is more readily disturbed by wind and wave action in shallower systems. This led the CPOM to resuspend in the water column, leading to an increase in potential microbial activity (i.e. higher BOD levels) along with a corresponding increase in chlorophyll-a levels.

Other parameters appeared to be normal for the area and no other impairments were noted.

Floral Assessment

The Lake Vegetation Index score for Lake lamonia was 65, placing the lake's vegetative community in the healthy category.

Seventy-seven species were found during the survey. The native species, fragrant water lily (*Nymphaea odorata*) and fanwort (*Cabomba caroliniana*) were the most dominant species. Other species include red maple (*Acer rubrum*), maidencane (*Panicum hemitomon*) and American lotus (*Nelumbo lutea*).

The exotic hydrilla (*Hydrilla verticillata*), wild taro (*Colocasia esculenta*), Chinese tallow tree (*Sapium sebiferum*) and water hyacinth (*Eichhornia crassipes*) listed as Category I Invasive Exotics by the Florida Exotic Pest Control Council <u>http://www.fleppc.org/</u> are a concern in Lake Iamonia. Alligator weed (*Alternanthera philoxeroides*), was the Ione Category II Invasive Exotic found in the Iake. Additionally, the exotic spadeleaf (*Centella asiatica*), burhead sedge (*Oxycaryum cubense*) and water spangles (*Salvinia minima*), were also found in the Iake.

Click here for more information on the Lake Iamonia LVI.

<u>Click here for more information on common exotic</u> and invasive plants in Leon County wetlands and waterbodies.

Conclusions

Based on ongoing sampling, Lake Iamonia met the nutrient thresholds for the East Panhandle Region. DO criteria were not met, but staff considers the low DO results a natural condition.

BOD and chlorophyll-a levels at all sites during the August 27, 2020 sampling events were elevated. Due to the ongoing drought, station depths steadily decreased over the course of 2019. The large amount of naturally occurring CPOM on the lake bottom is more readily disturbed by wind and wave action in shallower systems. The shallow water levels led to CPOM resuspending in the water column, leading to an increase in BOD levels, along with a corresponding increase in chlorophyll-a levels.

The Lake Vegetation Index score for Lake lamonia was 65, placing the lake's vegetative community in the healthy category. Other parameters appeared normal for the area and no other impairments were noted.

Thank you for your interest in maintaining the quality of Leon County's water resources. Please feel free to contact us if you have any questions.

Contact and resources for more information

www.LeonCountyWater.org

<u>Click here to access the results for all water quality</u> <u>stations sampled in 2019.</u>

<u>Click here for a map of the watershed – Sample Sites</u> IA2, IA4, IA6, IA7, IA8 and LI1B.

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Figure 1. Dissolved Oxygen Percent Saturation results for Lake Iamonia.