LEON COUNTY PRESENTS

SUSTAINABLE COMMUNITY MATTERS

SUSTAINABLE FOOD & YOU

Can the planet sustain our way of eating? Can our diet sustain us?

Come learn how everything about food affects our environment as well as our health. Get some ideas about how to better sustain both, at Leon County's fall Sustainable Community Matters program.

Presenters:

Heidi Copeland, Family and Consumer Sciences Agent, Leon County Extension

Will Sheftall, Natural Resources Agent, Leon County Extension

Kathryn Ziewitz, Sustainability Coordinator, Leon County

Programs are free and open to the public. Advance registration is not required, and refreshments will be provided. This program is offered twice:

Saturday, October 11
11:00 a.m. – 12:30 p.m.
Eastside Branch Library
1583 Pedrick Road

Thursday, November 6
6:00 p.m. – 7:30 p.m.
Northeast Branch Library
5513 Thomasville Road

Visit our website at www.GrowingGreen.org

For more information, contact: Kathryn Ziewitz via email at ZiewitzK@LeonCountyFl.gov or by phone at 850-606-5383